



Life Enrichment Center

Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

www.LifeEnrichmentCenter.org

December 2019

Are You Looking For The Perfect Gift For Mom?



At 91, Margia is still the "life of the party"!

Look No Further!

Adult Day Care!

"Imagine being surrounded by incredible, positive energy. This is what our family experiences every day at Life Enrichment!"

- Judy B., Daughter & Caregiver

Call today for a **FREE** trial visit!

Life Enrichment Adult Day Care

The best choice for keeping families together and at home!

For 40 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community. Life Enrichment Center is designated a national model among adult day cares across the country.

The gift that keeps giving!

At Life Enrichment, participants benefit from socialization, healthcare, specialty therapies, and meaningful programs.



and the BEST gift of all...

Peace of mind for you, the caregiver, knowing Mom is in such a loving place!



"Take me to, you know, the 'loving place'!"

- Veteran Carl to his wife Helen



(Left) Participants Merline & Zach share a laugh. (Above) Staff member Beth and participant Pauline share a hug.

Fall Fun!



The LEC Fall Festival was a huge success! Participants played festive games, visited the LEC "Haunted House", and had a chance to show off their awesome Halloween costumes during the Halloween fashion show! (Above) Pictured left to right, Shelby participants Sonya, Jim, Cathy, and Denver.

Every day is Veterans Day at LEC!



(Above) Pictured left to right, Shelby LEC Veterans Jessie, Wayne, Gary, and Frank were among those honored at the 2019 Veterans Day luncheon held at The Neal Center. (Pictured right) Veterans, Mike Saine (left) and Don Edwards, helped LEC honor its Veterans at this year's Veterans Day celebration.

December

Shelby Activity Highlights

<p><i>2 Monday</i></p> <ul style="list-style-type: none"> ♦ Piano Favorites With Beth Hamrick ♦ Christmas Play Practice ♦ Bingo With Bayada <p><i>Loaded Baked Potato w/Chili, Cheese, Broccoli, & Cheddar Cheese-Fruit Cup</i></p>	<p><i>3 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Garbage Bag Fashion Show ♦ Christmas Play Practice ♦ Making Christmas Ornaments With Lynn Ledford <p><i>Beef Nachos w/Lettuce, Cheese, & Pita de Gallo-Kale Salad-Melon Combo</i></p>	<p><i>4 Wednesday</i></p> <ul style="list-style-type: none"> ♦ Devotion With Don Edwards ♦ Bell Choir Practice ♦ Christmas Play Practice ♦ Canvas Painting With White Oak Manor <p><i>Lasagna Alfredo w/Chicken-Cucumber & Tomato Salad-Garlic Bread Sticks-Yogurt w/Mixed Berries</i></p>	<p><i>5 Thursday</i></p> <ul style="list-style-type: none"> ♦ Christmas Play Practice ♦ Bell Choir ♦ Montgomery Bus Boycott Reminiscing <p><i>Pinto Beans-Cabbage-Onions-Beets-Chow Chow-Cheddar Biscuits-Apple Crisp</i></p>	<p><i>6 Friday</i></p> <ul style="list-style-type: none"> ♦ Remembering Pearl Harbor ♦ Mikaela Bell Comes To Make Christmas Cookies ♦ Christmas Play Choir Practice <p>Participant Cook Day</p>
<p><i>9 Monday</i></p> <ul style="list-style-type: none"> ♦ Bell Choir Practice ♦ Christmas Play Practice ♦ Christmas Carol Sing-a-long <p><i>Ham & Potato Soup-Oyster Crackers-Salad-Fruit Cobbler</i></p>	<p><i>10 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Christmas Play Practice ♦ Making Holiday Collages ♦ "Tis The Season" Trivia <p><i>Shepherd's Pie w/Vegetables-Roll-Ambrosia</i></p>	<p><i>11 Wednesday</i></p> <ul style="list-style-type: none"> ♦ Bell Choir Practice ♦ Christmas Play Practice <p><i>Tuna Noodle Casserole w/Peas & Mushrooms-Garden Salad-Crusty Garlic Bread-Strawberry Fluff</i></p>	<p><i>12 Thursday</i></p> <p>LEC Annual Christmas Play</p> <p>Come One, Come All!</p> <p><i>Chicken Tenders-Tater Tots-Green Bean Casserole w/Crispy Onions-Ice Cream</i></p>	<p><i>13 Friday</i></p> <ul style="list-style-type: none"> ♦ A Visit From Crest High Orchestra ♦ Christmas Carols With Grace Sunday School Class <p><i>Smoky Maple Salmon-Risotto-Squash Casserole-Fruit Cocktail</i></p>
<p><i>16 Monday</i></p> <p>HAPPY BIRTHDAY</p> <ul style="list-style-type: none"> ♦ Participant Council Meeting ♦ Devotion With Glenda Green ♦ LEC Monthly Birthday Party <p><i>Vegetable Beef Soup-Grilled Cheese Sandwich-Oatmeal Raisin Cookie</i></p>	<p><i>17 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Piano Favorites With Carol Champion ♦ Making Candy Cane Decorations <p><i>Meat Loaf-Mashed Potatoes-Lima Beans-Parker House Rolls-Tello w/Whipped Topping</i></p>	<p><i>18 Wednesday</i></p> <ul style="list-style-type: none"> ♦ Christmas Carols With The Carolina Singers <p>Health Fair</p> <p><i>Chicken Tenders-Tater Tots-Green Bean Casserole w/Crispy Onions-Ice Cream Cup</i></p>	<p><i>19 Thursday</i></p> <ul style="list-style-type: none"> ♦ Fellowship With Bethel Baptist ♦ Visit From The Performing Arts Academy <p><i>Baked Ham-Scalloped Potatoes-Vegetable Medley-Cherry Cheesecake</i></p>	<p><i>20 Friday</i></p> <ul style="list-style-type: none"> ♦ Ugly Christmas Sweater Contest ♦ Ukulele Tunes With Tom Wood ♦ Christmas Cooking Making With Brooke Freytag <p><i>Baked Chicken Legs-Baked Sweet Potato-Steamed Broccoli-Cheddar Biscuits-Yogurt Cup</i></p>
<p><i>23 Monday</i></p> <ul style="list-style-type: none"> ♦ "Twas The Night Before Christmas" Reading ♦ Acknowledging Madam CJ Walker ♦ Music With Jim McCurry And Friends <p><i>Beef Tips w/Gravy-Mashed Sweet Potatoes-Vegetable Medley-Biscuits-Mixed Fruit</i></p>	<p><i>24 Tuesday</i></p> <p>Closed</p>	<p><i>25 Wednesday</i></p> <p>Closed</p>	<p><i>26 Thursday</i></p> <ul style="list-style-type: none"> ♦ Writing Thank You Notes To LEC Pen Pals ♦ Show & Tell Of Your Favorite Christmas Gift <p><i>Chili Dog w/Slaw & Onions-Sweet Potato Fries-Pickles-Apple Crisp</i></p>	<p><i>27 Friday</i></p> <ul style="list-style-type: none"> ♦ Fellowship With Vernon Craig ♦ Making Chocolate Chip Fruit Cake Bars <p>Participant Cook Day</p>
<p><i>30 Monday</i></p> <ul style="list-style-type: none"> ♦ Pamper Yourself! LEC Makeovers For The Ladies ♦ Men's Bake Off Biscuit Making Contest ♦ Blind Fold Taste Testing <p><i>Baked Chicken Legs-LEC's Special Pasta-Sugar Snap Peas-Lemon Mousse</i></p>	<p><i>31 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Writing Your New Year's Resolutions ♦ Count Down To New Year's Eve Celebration <p><i>Roast Pork-Greens-Black Eyed Peas-Cornbread-Berry Parfaits</i></p>	<p>Important Dates To Remember!</p> <p>December 12: LEC's Annual Christmas Play</p> <p>December 20: Ugly Christmas Sweater Day</p> <p>December 24-25: CLOSED</p> <p>January 1: CLOSED</p>		

December **KINGS MOUNTAIN ACTIVITY HIGHLIGHTS**

Neisler Center
by the Neisler Foundation
222 Kings Mountain Blvd.
Kings Mountain, NC 28086
704-739-4858

2 Monday <ul style="list-style-type: none"> ♦Veterans Coffee And Conversation With Gene Bridges ♦Candi Bridges' Sewing Club Makes Snowman Magnets ♦Arts & Crafts With Tara Hoffman <i>Loaded Baked Potato w/Chili, Cheese, Broccoli, & Cheddar Cheese-Fruit Cup</i>	3 Tuesday <ul style="list-style-type: none"> ♦Soothing Sounds Of Arnold Davis ♦Young Adult Bell Choir ♦Christmas Play Choir Practice <i>Beef Nachos w/Lettuce, Cheese, & Pica de Gallo-Kale Salad-Melon Combo</i>	4 Wednesday <ul style="list-style-type: none"> ♦Starting Our Day With Sunnyside Baptist Church ♦Christmas Carols With The Intermediate School Choir ♦Inspirational Time With Alma Adams <i>Lasagna Alfredo w/Chicken-Cucumber & Tomato Salad-Garlic Bread Sticks-Yoqurt w/Mixed Berries</i>	5 Thursday <ul style="list-style-type: none"> ♦Singing Jamboree With Bethel Baptist ♦Piano Favorites With Faye Bolden ♦Participant Council Meeting <i>Pinto Beans-Cabbage-Onions-Beets-Chow Chow-Cheddar Biscuits-Apple Crisp</i>	6 Friday <ul style="list-style-type: none"> ♦Christmas Wreaths With Crystal Love ♦Young Adult Bell Choir ♦Christmas Play Practice Participant Cook Day
9 Monday <ul style="list-style-type: none"> ♦Veterans Corner With Gene Bridges ♦Candi Bridges' Sewing Club Making Stocking Ornaments ♦Songs From The New Hope Brotherhood <i>Ham & Potato Soup-Oyster Crackers-Salad-Fruit Cobbler</i>	10 Tuesday <ul style="list-style-type: none"> ♦Music Time With The Carolina Care Singers ♦Manicures With Emily Dyer ♦Hair Dos With Kammie Kale ♦Skin Care With J's Hair Salon Spa Day <i>Shepherd's Pie w/Vegetables-Roll-Ambrosia</i>	11 Wednesday <ul style="list-style-type: none"> ♦Tammy Perry Makes Thanksgiving Crafts ♦Inspirational Time With Alma Adams <i>Tuna Noodle Casserole w/Peas & Mushrooms-Garden Salad-Crusty Garlic Bread-Strawberry Fluff</i>	12 Thursday <ul style="list-style-type: none"> ♦A Visit From Sharon Martin With Hospice ♦Piano Favorites With Faye Bolden  <i>Chicken Tenders-Tater Tots-Green Bean Casserole w/Crispy Onions-Ice Cream</i>	13 Friday <ul style="list-style-type: none"> ♦Christmas Play Practice ♦Young Adult Bell Choir ♦LEC Monthly Birthday Party  <i>Smoky Maple Salmon-Rissoto-Squash Casserole-Fruit Cocktail</i>
16 Monday <ul style="list-style-type: none"> ♦Veteran Reminiscing With Gene Bridges ♦Candi Bridges' Sewing Club Makes Christmas Gifts ♦Amazing Sounds Of The Hand Organ With Bob Willis <i>Vegetable Beef Soup-Grilled Cheese Sandwich-Oatmeal Raisin Cookie</i>	17 Tuesday <ul style="list-style-type: none"> ♦Lunchtime Music From The Crest High School Orchestra ♦Guitar Favorites With Eddie Cooke <i>Meat Loaf- Mashed Potatoes-Lima Beans-Parker House Rolls-Jello w/Whipped Topping</i>	18 Wednesday LEC Annual Christmas Play Come One, Come All! <i>Chicken Tenders-Tater Tots-Green Bean Casserole w/Crispy Onions-Ice Cream Cup</i>	19 Thursday <ul style="list-style-type: none"> ♦Shelby Higher Learning Daycare Visits ♦Arts & Craft With Erin Aiken ♦Piano Favorites With Faye Bolden ♦Story Time With Ann Gamble <i>Baked Ham-Scalloped Potatoes-Vegetable Medley-Cherry Cheesecake</i>	20 Friday <ul style="list-style-type: none"> ♦Performances By Dance Magic ♦Devotions With Pastor Loyd Nivens ♦Crafts With Flora Brown <i>Baked Chicken Legs-Baked Sweet Potato-Steamed Broccoli-Cheddar Biscuits-Yoqurt Cup</i>
23 Monday <ul style="list-style-type: none"> ♦Veterans Corner With Gene Bridges ♦Candi Bridges' Sewing Club ♦Music With Teresa Edmonson And The Westwood Heights Choir Santa Comes to Visit! <i>Beef Tips w/Gravy-Mashed Sweet Potatoes-Vegetable Medley-Biscuits-Mixed Fruit</i>	24 Tuesday  Closed	25 Wednesday  Closed	26 Thursday <ul style="list-style-type: none"> ♦Music With David Melton ♦Piano Favorites With Faye Bolden  <i>Chili Dog w/Slaw & Onions-Sweet Potato Fries-Pickles-Apple Crisp</i>	27 Friday <ul style="list-style-type: none"> ♦Making Smoothies With Lori Smith Health Fair Participant Cook Day
30 Monday <ul style="list-style-type: none"> ♦Veterans Corner With Gene Bridges ♦Candi Bridges' Sewing Club ♦Bingo With Brooke Feree  <i>Baked Chicken Legs-LEC's Special Pasta Sugar Snap Peas-Lemon Mousse</i>	31 Tuesday <ul style="list-style-type: none"> ♦Writing Your New Year's Resolutions ♦Count Down To New Year's Eve Celebration  <i>Roast Pork-Greens-Black Eyed Peas-Cornbread-Berry Parfaits</i>	Important Dates To Remember! December 18: LEC's Annual Christmas Play December 24-25: CLOSED January 1: CLOSED		

In Honor...

The following have been honored with a gift to Life Enrichment Center

By

Vance & Nathalie Suttle

Mr. and Mrs. Frank Beam	Mr. Seth Smith	Mr. and Mrs. David Schweppe
Mr. and Mrs. Cecil Burton	Mr. and Mrs. Scott Smith	Mr. and Mrs. John V. Schweppe
Mrs. Vincent Carpenter	Mr. and Mrs. Lance Ware & Family	Mr. and Mrs. Richard Fletcher
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Mr. and Mrs. James E. Lutz, Jr.	Mr. and Mrs. Loyd B. Smith	Mr. and Mrs. David Royster
Mr. and Mrs. David Teddy	Mr. and Mrs. Loyd B. Smith, Sr.	

In Memory:

The following have been remembered with a gift to Life Enrichment Center:

Aleriene Burr

By

Vickie Samuels

Vernon Goforth

Delmer Goforth

By

Donna Tesner

Gifts:

The following has given a gift to Life Enrichment Center:

Friend

By

David Wray

Thank yous

JoAnn Parker -Doll House Figurines
 Debbie Curry -Bingo Prizes
 Ed Patterson -Bananas
 Joann Green -Puzzles
 Connie Willis -Clothing, Craft Supplies, Centerpieces
 Tropzie McCluney- Cleaning Supplies
 Glenda Cline- Puzzles
 Dot Lee- Magazines
 Dianne Harrison- Veteran's Day Sheet Cake
 Holly's Flowers- Veteran's Day Boutonieres
 Tommy Brooks- Chow Chow
 Pine Grove United Methodist Church- Bingo Prizes
 Monty Thornburg- Floral Arrangement
 Marilyn Croce- Candy, Jewelry
 Gary Gull- Magazines
 Dale Turner- Candy, Halloween Decor
 Amanda Gardner- Doughnuts
 Mary Wade O'Kelly Smith- Magazines
 Linda Rome- Coffee Mugs, Candy
 Sandie Stroup- Teddy Bears
 Nancy Anderson- Personal Care Items
 Kenton Schleimer- Snacks
 Nyda Thipkomal- Candy
 April Herndon- Books, Magazines
 Ruby McKinney- Craft Supplies
 El Bethel Church- Floral Arrangement
 Mary Honeycutt- Poetry Books
 Family Of Ken Howard- Cupcakes
 Omega Sigma Omega-Chapter Alpha Kappa Alpha -
 Treats for National Family Caregivers Month

Volunteers Make Our World Go Around!!



Volunteers Are What Make Life Enrichment Such A Special Place. If You Have A Talent, The Time, Or Interest Call Today To See How You Can Make A Difference In Someone's Life.



Kings Mountain
704.739.4858

Shelby
704.484.0405

Each month, Shelby participants enjoy Ukulele music from Tom Wood.

Your Gift Will Help Families Stay Together... Please Give.

Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

By becoming a:

- ☐ Friend \$25-\$100
- ☐ Supporter \$101-\$500
- ☐ Sponsor \$501-\$1,000
- ☐ Patron \$1,001-\$2,500
- ☐ Benefactor \$2,501-\$4,999
- ☐ Major Benefactor \$5,000 +

Make checks payable to:

Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, NC 28150

Name _____

Address _____

City _____ State _____ Zip _____

In memory of _____

In honor of _____

Send a notice to: _____

Address _____

City _____ State _____ Zip _____

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



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110 Life Enrichment Blvd.
Shelby, North Carolina 28150

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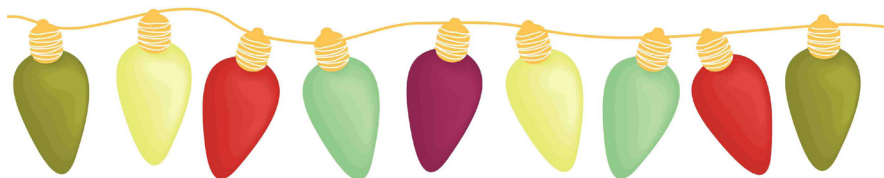
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Please Remember To Label All Sweaters, Jackets,
And Coats!!

IMPORTANT ANNOUNCEMENTS

Announcements of closings due to bad weather will be made on
LEC's telephone answering machine, our Facebook page,
WBTV television, and through the One Call Now service. Should it
be necessary to close early, caregivers will be notified by telephone.

Life Enrichment Holiday Closings
December 24-25, 2019
January 1, 2020



Please join us for LEC's annual
Christmas Plays!

Shelby LEC Christmas Play
December 12, 2019 - 2pm

Kings Mountain LEC Christmas Play
December 18, 2019 - 2pm

◆ Support Groups Will NOT Meet This Month