

## Life Enrichment Center

Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

[www.LifeEnrichmentCenter.org](http://www.LifeEnrichmentCenter.org)

July 2022

# *When You Want The Best For Her...*

## *Choose Life Enrichment!*



*Participant Denise & husband Keith dance at the 2022 LEC Prom.*

Your loved one will receive meaningful programs, quality health care, and socialization every day at LEC.

## *Call Today!*

# Adult Day Program

*The best choice for keeping families together and at home!*

Shelby 704.484.0405 Kings Mountain 704.739.4858

*For 42 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community. Life Enrichment Center is designated a national model among adult day cares across the country.*



# A Day To Remember...

*Shelby participants showed up in style for this years "My Fair Lady" prom. Great music, great food, and great times spent with friends and family!*



Participant Charlene &  
husband Caesar



Participants Brayden & Cathy



Participants Ann & June



2022 Prom Queen, Charlene



Twist & Shout!



2022 Mr. LEC, Jackie



# LEC Prom 2022

*This year, the Neisler Center took it back to the 80's. Participants dressed in their colorful 80's attire, danced the afternoon away to hits from the 80's, and also sang karaoke.*



Participants LaTonya & Tommy



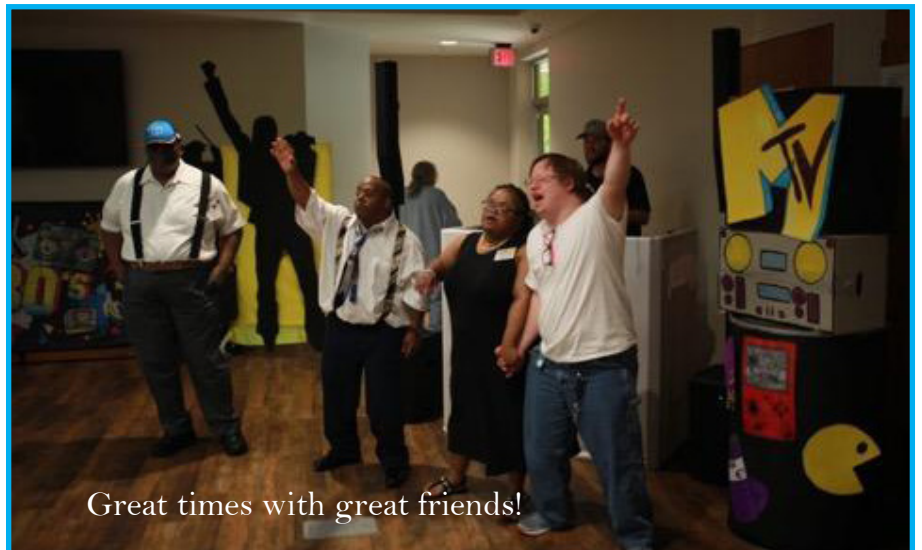
Participant Stevie gets down!



Participants Matt & E'Sheika



Participant Kenton & staff member Ashley



Great times with great friends!

Life Enrichment Center  
110 Life Enrichment Blvd.  
Shelby, NC 28150  
704.484.0405



# JULY

## Shelby Activity Highlights

**amazon**smile  
You shop. Amazon gives.

*Amazon Prime Day!*

*July 12-13*

*Don't forget to choose  
Life Enrichment when shopping  
with Amazon Smile!*

*1 Friday*

- ♦ Celebrating LEC's 42 Birthday
- ♦ Outdoor Grilling: "Sliders"
- ♦ Outdoor Water Games



*Chicken Tenders-Garden Salad-Bread Stick-Peaches*

*4 Monday*



**CLOSED**

*5 Tuesday*

- ♦ History Of "Cracker Jacks"
- ♦ Sunbathing Safety Tips
- ♦ Making Stepping Stones With Debra Edwards

*Chicken Nacho Casserole-Black Beans-Lettuce, Tomato, & Sour Cream-Fruit Cocktail*

*6 Wednesday*

- ♦ Exercise With Margaret Litton



*Baked Spaghetti-Garden Salad-Garlic Bread- Pears*

*7 Thursday*

- ♦ Bingo Bonanza
- ♦ LEC Cornhole
- ♦ Music Therapy With Hannah Coleman



*Fish & Chips-Coleslaw-Roll-Apple Sauce*

*8 Friday*

- ♦ Face Painting
- ♦ National Freeze Pop Day
- ♦ Junk Drawer Detective



*Meat Loaf-Macaroni & Cheese-Broccoli-Bread Stick-Mandarin Oranges*

*11 Monday*

- ♦ A Visit With Shelby Presbyterian Youth
- ♦ Blueberry Muffin Day
- ♦ LEC Mini Golf



*Chicken Salad Sandwich-Tater Tots-Green Beans-Peaches*

*12 Tuesday*

- ♦ LEC Family Feud
- ♦ Summer Sing-a-Long
- ♦ National Pecan Pie Day



*Pot Roast-Potatoes & Carrots-Roll-Pineapple*

*13 Wednesday*

- ♦ Music Therapy With Hannah Coleman
- ♦ Evan Lee Plays The Trumpet
- ♦ Devotion With Blessed Coverings

*Chili Burgers-Cole Slaw-Baked Beans-Mixed Fruit*

*14 Thursday*

- ♦ Shark Awareness Day
- ♦ Annual Hot Dog Day
- ♦ Making Homemade Lemonade



*Baked Chicken-Vegetable Pasta Salad-Bread Stick-Pears*

*15 Friday*

**Fun Day Friday!**

- ♦ Outdoor Games
- ♦ Relay Races
- ♦ Water Gun Fun

*Pulled Pork Sliders-Coleslaw-Mandarin Oranges*

*18 Monday*

- ♦ Participant Council Meeting
- ♦ Orville Redenbacher Day
- ♦ Darlene's Famous Popcorn

**LEC Monthly Birthday Party**

*Vegetable Beef Soup-Garden Salad-Bread Stick-Applesauce*

*19 Tuesday*

- ♦ How To Make A Raspberry Cake
- ♦ Chad Gunter As "Elvis"
- ♦ Horticultural Therapy With Debra Edwards

*Baked Ham-Potato Salad-Green Beans-Roll-Pineapple*

*20 Wednesday*

- ♦ Guess That Emoji
- ♦ Making Ice Cream Floats
- ♦ "Name That Tune" Trivia



*Grilled Cheese Sandwich-Tomato Basil Soup-Mandarin Oranges*

*21 Thursday*



*Beef Tips w/Gravy-Mashed Potatoes-Green Beans-Roll-Peaches*

*22 Friday*

- ♦ History Of The Pied Piper
- ♦ National Denim Day
- ♦ Wear Your Favorite Jeans
- ♦ All About Garlic & The Great Gilroy Garlic Festival

*Homemade Pizza-Caesar Salad-Pineapple*

*25 Monday*

- ♦ Shelby Police Department Talks About The Use Of Drones
- ♦ Herb Sensory Games With Debra Edwards

*Chicken Sandwich w/Lettuce & Tomato-Baked Fries-Fruit Cocktail*

*26 Tuesday*

- ♦ National Rock & Roll Day
- ♦ The Apollo 15 Anniversary
- ♦ Music With McCurry & Friends



*Lasagna w/Meat Sauce-Garden Salad-Garlic Bread-Applesauce*

*27 Wednesday*

- ♦ Recognizing Korean War Veterans
- ♦ Hula-Hoop Exercise
- ♦ Music With Hannah Coleman

*Roasted Turkey-Sweet Potato Casserole-Cauliflower-Roll-Pears*

*28 Thursday*

- ♦ National Chocolate Milk Day
- ♦ Writing Our Kings Mountain Pen Pals
- ♦ Making Garlic Bottle Planters With Debra Edwards

*Chicken Tenders-Coleslaw-Tater Tots-Peaches*

*29 Friday*

- ♦ NASA Day
- ♦ "Art In The Park"
- ♦ Drawing Activities
- ♦ Making Indoor Zen Gardens

*Chicken Pot Pie-Garden Salad-Bread Stick-Mandarin Oranges*





Neisler Center  
by the Neisler Foundation  
222 Kings Mountain Blvd.  
Kings Mountain, NC 28086  
704-739-4858

## KINGS MOUNTAIN ACTIVITY HIGHLIGHTS

THANK  
YOU!

## Wish List

Amazon Gift Cards  
Art Supplies  
Bingo Prizes

1 Friday

- ♦ "Shadow Games"
- ♦ Paper Plate Exercise
- "Happy Hour" With Brooke Stevens
- ♦ Making Fourth of July Hats

Chicken Tenders-Garden Salad-Bread Stick-Peaches

4 Monday



CLOSED

5 Tuesday

- ♦ Making Kool-Aid Slime
- ♦ Indoor Kickball Game
- ♦ Fourth Of July Bingo
- ♦ Backyard Detective

Health Fair

Chicken Nacho Casserole-Black Beans-Lettuce, Tomato, & Sour Cream-Fruit Cocktail

6 Wednesday

- ♦ Music Therapy With Hannah Coleman
- ♦ LEC Cornhole
- ♦ Spa Day



Baked Spaghetti-Garden Salad-Garlic Bread-Pears

7 Thursday

- ♦ Men's Group Video: The Blue Angels Air Show
- ♦ Making Bottle Greenhouses With Debra Edwards
- ♦ Parachute Exercise

Fish & Chips-Coleslaw-Roll-Apple Sauce

8 Friday

- ♦ Over Head Projector Activities
- ♦ "Walk Around America" Exercise
- ♦ Virtual Travel To Bulgaria



Meat Loaf-Macaroni & Cheese-Broccoli-Bread Stick-Mandarin Oranges

11 Monday

- ♦ Crafts With Julie Lunsford
- ♦ Participant Council Meeting
- ♦ Painting With Music
- ♦ Cardio Exercise



Chicken Salad Sandwich-Tater Tots-Green Beans-Peaches

12 Tuesday

- ♦ Reminiscing With "Timeslips"
- ♦ Seated Core & Leg Exercises
- ♦ Nature Rubbings & Catalog Art With Debra Edwards

Health Fair

Pot Roast-Potatoes & Carrots-Roll-Pineapple

13 Wednesday

- ♦ Creative Writing: All About Summer Vacation
- ♦ Pastor Robert Brooks Shares The Word Of God
- ♦ Making Personal Zen Gardens

Chili Burgers-Cole Slaw-Baked Beans-Mixed Fruit

14 Thursday

- ♦ Music Therapy With Hannah Coleman
- ♦ Manicures With Rhonda Snipes
- ♦ Hand Scrubs With Lauren Davis

Baked Chicken-Vegetable Pasta Salad-Bread Stick-Pears

15 Friday

- ♦ Traditional Folk Song Sing-a Long
- ♦ Chair Zumba
- ♦ LEC Monthly Birthday Party Hosted By Ayoka, McKenzie, & Zabre Baldwin

Pulled Pork Sliders-Coleslaw-Mandarin Oranges

18 Monday

- ♦ "Guess The Slogan" Trivia
- ♦ Chair Yoga
- ♦ Sensory With Seeds & Herbs
- ♦ "Catching Fire Flies" Card Game

Vegetable Beef Soup-Garden Salad-Bread Stick-Applesauce

19 Tuesday

- ♦ "Prices Now vs. Then" Game
- ♦ Paper Plate Exercise
- ♦ How To Make Homemade Snickers



Baked Ham-Potato Salad-Green Beans-Roll-Pineapple

20 Wednesday

- ♦ "Good Morning" Current Events
- ♦ Scarf Exercise
- ♦ Emoji Bingo



Grilled Cheese Sandwich-Tomato Basil Soup-Mandarin Oranges

21 Thursday

- ♦ Arts & Crafts: Jewelry Making
- ♦ LEC Cake Walk
- ♦ Making Summer Collages



Beef Tips w/Gravy-Mashed Potatoes-Green Beans-Roll-Peaches

22 Friday

- ♦ Sing-a-Long With Suzi Q
- ♦ Tie-dyed Fun With Gracie Snyder
- "Under The Milky Way" Painting



Homemade Pizza-Caesar Salad-Pineapple

25 Monday

- ♦ Painting By Number
- ♦ LEC Relay Races
- ♦ "Jokes" Jamboree
- ♦ Spa Day



Chicken Sandwich w/Lettuce & Tomato-Baked Fries-Fruit Cocktail

26 Tuesday

- ♦ "Water Fun" With Lucky Cochran And Olivia Merrill
- ♦ Bird Calls With Debra Edwards



Lasagna w/Meat Sauce-Garden Salad-Garlic Bread-Applesauce

27 Wednesday

- ♦ Making Potpourri With Debra Edwards
- ♦ LEC Horseshoes



Roasted Turkey-Sweet Potato Casserole-Cauliflower-Roll-Pears

28 Thursday

- ♦ Music Therapy With Hannah Coleman
- ♦ Dumbbell Exercises

Health Fair

Chicken Tenders-Coleslaw-Tater Tots-Peaches

29 Friday

- ♦ "The Hat Game" Drama Activity
- ♦ LEC Bowling
- ♦ How To Make A Virgin Strawberry Daiquiri

Chicken Pot Pie-Garden Salad-Bread Stick-Mandarin Oranges

## In Memory...

*The following have been remembered with a gift to  
Life Enrichment Center:*

**Ron Mims**

*by*

*Shelby Intermediate School*

**Michelle Wright**

*by*

*Wayne & Drissia Wright*

**Barbara Wood**

*by*

*Fort Myers Sonic Automotive  
Ansgar Industrial  
Rowena & John Barker Jr.  
Vance & Nathalie Suttle*

**Sue Rippy**

*by*

*Dot Roark  
NC Department of Transportaion  
Division Twelve Equipment Department  
Dick & Donna Lilly  
Sherry & Spencer Padgett  
Fini & Rick Barnette  
Bill Jr. & Doris Elliott  
The Francis Family*

## Friends:

*The following have given a gift to  
Life Enrichment Center:*

**Christine Hinson**



*Participant Zach assists Binkee The Clown with a magic trick.*

## Thank You!

*Pam Merritt-Sweet Treats  
Gay Jolley-Magazines  
Temeshia Proctor-Health Care Supplies  
DeShay Oliver-COVID 19 Tests  
Hospice of Cleveland County-Masks, Sanitizer  
John Carroll-Fresh Tomatoes  
Becky & Jan Choate-Doughnuts  
Reta Phifer-Greeting Cards  
Connie Savell-Greeting Cards  
Tiffany Lawrence-Pesonal Care Items  
Sue Drye-Greeting Cards  
Ashley Gibson-Miscellaneous Items  
Trevelen & Katrena Winebarger-Personal Care Items*



*(Left to right) Participants Geraldine & Heather enjoy magic,  
ministry, & balloon animals from Binkee.*



# Volunteers Welcome!

***Want to make a difference in the lives of others?*** If you or someone you know has a special gift and would like to share it with LEC participants, call today! We would love you to visit!

*(Below) Participants enjoy saxophone music with Crest High students Ben, Weston, & Trevor.  
(Left to right) Piano music with Hayden and percussion with Omar had participants moving & grooving!*



## Looking for an opportunity to help others? Please Give!

### Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

#### By becoming a:

- ☐ Friend \$25-\$100
- ☐ Supporter \$101-\$500
- ☐ Sponsor \$501-\$1,000
- ☐ Patron \$1,001-\$2,500
- ☐ Benefactor \$2,501-\$4,999
- ☐ Major Benefactor \$5,000 +

Make checks payable to:

*Life Enrichment Center  
110 Life Enrichment Blvd.  
Shelby, NC 28150*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

Send a notice to: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



Card No. \_\_\_\_\_ Expiration Date \_\_\_\_\_

Amount \_\_\_\_\_ Signature \_\_\_\_\_

Security Code \_\_\_\_\_

## Board of Directors

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Heather Bridges Moore, *Secretary*  
Donna Beringer, *Treasurer*  
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Tommy Brooks  
Hannah Cyr  
Larry Dooley  
Chris Gash  
Pete Gilbert  
Rev. Eddie Gray  
Dr. Carolyn Jackson  
Tom Martin  
Katherine Panther Potemkin  
Paula Ramsey  
Jonathan Rhodes  
Sharon Robbs

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Life Enrichment Center  
110 Life Enrichment Blvd.  
Shelby, North Carolina 28150

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## Important Announcements:

Important announcements will be made on LEC's Facebook page, and through the "One Call Now" service. Should it be necessary to close early, caregivers will be notified by telephone.



## A Trip To The Hydro Farm!

Participants had the opportunity to visit the hydro farm owned and operated by John Carroll. They learned all about how the vegetables are grown year round and even picked tomatoes to bring back to LEC for afternoon snack.

