



## Life Enrichment Center

Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

[www.LifeEnrichmentCenter.org](http://www.LifeEnrichmentCenter.org)

January 2020

# Never Too Late To Make New Friends!



*This year, participants Iris, (left), and Cathleen, both born in October, will celebrate their 95th birthdays. They have become great friends here at LEC!*



## Adult Day Care

*The best choice for keeping families together and at home!*

*For 40 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community. Life Enrichment Center is designated a national model among adult day cares across the country.*



# "An LEC Christmas Story!"



*One of the most anticipated days at LEC is the annual Christmas Program. Participants and staff work tirelessly preparing a new performance each year!*

## "Tis The Season To Sing!"



*Kings Mountain*





# Welcome Debra Edwards!

Debra is a registered horticultural therapist and received her horticultural therapy certificate from the Horticultural Therapy Institute and a Bachelor of Landscape Architecture from Auburn University. Debra has 21 years of experience in landscape design and maintenance, working in various settings from engineering & design firms to garden maintenance and nursery settings.

Debra moved here from Nashville, TN where she worked with older adult memory care residents and now is excited to work with a more varied population of participants. Debra moved here with two kitty-cats and a sense of adventure to explore a new part of the country. She loves water sports and will be excited to visit the whitewater center on warm summer weekends!



The horticultural program gives LEC participants, of all ages, an opportunity to work together, learn new skills, while benefiting from therapeutic activities. (Above) Debra works with Kings Mountain participant, Karen, re-potting a plant. (Left) Shelby participant, Lisa, makes centerpieces for the dining room tables.



Life Enrichment Center  
110 Life Enrichment Blvd.  
Shelby, NC 28150  
704.484.0405

# January

## Shelby Activity Highlights

### Friendly Reminder!

Life Enrichment Will Be **Closed** On

The Following Days:

Wednesday, January 1, 2020

Monday, January 20, 2020

<div>Friendly Reminder!</div> <div>Life Enrichment Will Be <span>Closed</span> On</div> <div>The Following Days:</div> <div>Wednesday, January 1, 2020</div> <div>Monday, January 20, 2020</div>		<div>1 Wednesday</div> <div></div> <div>CLOSED</div>	<div>2 Thursday</div> <div><ul style="list-style-type: none"><li>♦What's Your Resolution?</li><li>♦National Cream Puff Day</li><li>♦"Guess That Dish"</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Lasagna Alfredo-Cucumber &amp; Tomato Salad-Garlic Bread Sticks-Strawberry Yogurt</i></div>	<div>3 Friday</div> <div><ul style="list-style-type: none"><li>♦Time Slips Creative Writing</li><li>♦A Trip Down Music Memory Lane</li><li>♦Bingo With Darlene Dye</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Roast Pork w/ Gravy-Mashed Potatoes Vegetable Medley-Parker House Rolls-Fruit Medley</i></div>
<div>6 Monday</div> <div><ul style="list-style-type: none"><li>♦Piano Favorites With Beth Champion</li><li>♦Creative Drawing With Music</li><li>♦Bingo With Bayada</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Baked Chicken Legs-Macaroni &amp; Cheese-Sugar Snap Peas-Cherry Cheesecake</i></div>	<div>7 Tuesday</div> <div><ul style="list-style-type: none"><li>♦Greenhouse Activities</li><li>♦History Of The Harlem Globetrotters</li><li>♦Winter Bifolkals</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Homemade Potato Soup-Oyster Crackers-Salad-Fruit Cobbler</i></div>	<div>8 Wednesday</div> <div><ul style="list-style-type: none"><li>♦Wacky Winter Wardrobe Fashion Show</li><li>♦Happy Birthday Elvis!</li><li>♦Making Peanut Butter And Banana Sandwiches</li></ul></div> <div><i>Shepherd's Pie w/Vegetables-Steamd Broccoli-Roll-Chocolate Caramel Pudding Cake</i></div>	<div>9 Thursday</div> <div><ul style="list-style-type: none"><li>♦National Apricot Day, Let's Make A Cobbler</li><li>♦Making A 2020 Vision Board</li><li>♦"Name That Tune"</li></ul></div> <div>Participant Cook Day</div>	<div>10 Friday</div> <div><ul style="list-style-type: none"><li>♦Static Electricity Experiment With David Williams</li><li>♦LEC Dance Party</li><li>♦Making A Hot Toddy</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Baked Ham-Cheesy Scalloped Potatoes-Broccoli &amp; Carrots-Cheddar Biscuits-Peanut Butter Cookie</i></div>
<div>13 Monday</div> <div><ul style="list-style-type: none"><li>♦A Visit From The LEC "Good Witch"</li><li>♦Making Peach Melba Pies</li><li>♦Pharmacist History With Kim Downs</li><li>♦Devotion With Blessed Coverings</li></ul></div> <div><i>Meatloaf-Mashed Potatoes-Lima Beans-Parker House Rolls-Fruit Cocktail</i></div>	<div>14 Tuesday</div> <div><ul style="list-style-type: none"><li>♦Music With Charlie Cabaness</li><li>♦Shakespeare Reminiscing</li><li>♦Making Blonde Brownies</li><li>♦Guitar Favorites With Eddie Cooke</li></ul></div> <div><i>Chicken Tenders-Tater Tots-Green Beans-Pears w/Whipped Topping</i></div>	<div>15 Wednesday</div> <div></div> <div> <b>Music Therapy with Hannah</b> Participant Cook Day</div>	<div>16 Thursday</div> <div><ul style="list-style-type: none"><li>♦Making Quinoa Salad</li><li>♦"Fig Picking" From The LEC Garden</li><li>♦LEC Kick-Ball Game</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Manicotti Italian Casserole-Chopped Salad w/Italian Dressing-Garlic Bread-Strawberry Parfait</i></div>	<div>17 Friday</div> <div><ul style="list-style-type: none"><li>♦Ukulele Favorites With Tom Wood</li><li>♦Making Homemade Ice Cream</li><li>♦Piano Music With Benjamin Edlund</li></ul></div> <div><i>Smoky Maple Salmon-Risotto-Braised Vegetables-Parker House Rolls-Apple Cake</i></div>
<div>20 Monday</div> <div></div> <div>CLOSED</div>	<div>21 Tuesday</div> <div><ul style="list-style-type: none"><li>♦Piano Favorites With Carol Champion</li><li>♦Celebrating Martin Luther King, Jr.</li><li>♦"I Have A Dream Speech"</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Beef Nachos w/Mexican Salad-Pico de Gallo-Strawberry Oatmeal Bars</i></div>	<div>22 Wednesday</div> <div><ul style="list-style-type: none"><li>♦Making Sage Cough Drops</li><li>♦Canvas Art Contest</li><li>♦Wine &amp; Cheese Tasting With Anne Elam</li><li>♦Participant Council Meeting</li></ul></div> <div><i>Loaded Baked Potato w/Chili, Cheese, Broccoli, &amp; Sour Cream-Pineapple Upside Down Cake</i></div>	<div>23 Thursday</div> <div><ul style="list-style-type: none"><li>♦Fellowship With Bethel Baptist</li><li>♦History Of The Sundance Music Festival</li><li>♦Making A Carrot Cake For Tomorrow's Lunch</li></ul></div> <div><i>Beef Tips w/Gravy-Mashed Potato Casserole-Brussel Sprouts-Ice Cream Cup</i></div>	<div>24 Friday</div> <div></div> <div><ul style="list-style-type: none"><li>♦Super Bowl Predictions</li><li>♦Canvas Art Winner To Be Announced</li></ul></div> <div> <b>Music Therapy with Hannah</b> Participant Cook Day</div>
<div>27 Monday</div> <div><ul style="list-style-type: none"><li>♦National Marshmallow Day</li><li>♦Smoeres' Social</li><li>♦"Thumbs Up" Music Trivia</li><li>♦Music With Jim McCurry &amp; Friends</li></ul></div> <div><i>Pork Chops-Boiled New Potatoes-Spinach Salad-Biscuit-Applesauce w/Cinnamon</i></div>	<div>28 Tuesday</div> <div><ul style="list-style-type: none"><li>♦Women's Tea Party</li><li>♦Men's Coffee Club</li><li>♦Pound Cake Bake Off</li><li>♦Bird Watching With New York University Live Cam</li></ul></div> <div>Participant Cook Day</div>	<div>29 Wednesday</div> <div><ul style="list-style-type: none"><li>♦Making Black Bottom Pie</li><li>♦"Minute To Win It" Games</li><li>♦National Puzzle Day</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Lasagna-LEC's Favorite Salad-Garlic Bread-Lemon Mousse</i></div>	<div>30 Thursday</div> <div><ul style="list-style-type: none"><li>♦Wear Your Favorite Football Team Colors!</li><li>♦LEC Bowling Tournament</li><li>♦LEC Car Wash</li></ul></div> <div> <b>Music Therapy with Hannah</b> <i>Vegetable Beef Soup-Grilled Cheese Sandwich-Brownies</i></div>	<div>31 Friday</div> <div><ul style="list-style-type: none"><li>♦Celebrating Jackie Robinson</li><li>♦"Have A Coke And A Smile" National Coca Cola Day</li><li>♦LEC Monthly Birthday Party</li></ul></div> <div><i>Lemon Chicken Piccata-Penne Pasta-Caesar Salad-Roll-Yogurt Berry Parfait</i></div>



# January

## KINGS MOUNTAIN ACTIVITY HIGHLIGHTS



Neisler Center  
by the Neisler Foundation  
222 Kings Mountain Blvd.  
Kings Mountain, NC 28086  
704-739-4858

### Important Dates!

Life Enrichment Will Be **Closed** On

The Following Days:

Wednesday, January 1, 2020

Monday, January 20, 2020

<b>1 Wednesday</b>  <b>CLOSED</b>		<b>2 Thursday</b> <ul style="list-style-type: none"> <li>Fellowship With Bethel Baptist Church</li> <li>Dance Magic Performs</li> <li>Piano Favorites With Faye Boulden</li> <li>All About The State Of Georgia</li> </ul> <i>Lasagna, Alfredo-Cucumber &amp; Tomato Salad-Garlic Bread Sticks-Strawberry Yogurt</i>		<b>3 Friday</b> <ul style="list-style-type: none"> <li>Participant Council Meeting</li> <li>LEC Health Fair</li> <li>Winter Relay Races</li> <li>All About The State Of Texas</li> <li>"On This Day" At LEC</li> </ul> <i>Roast Pork w/ Gravy-Mashed Potatoes Vegetable Medley-Parker House Rolls-Fruit Medley</i>
<b>6 Monday</b> <ul style="list-style-type: none"> <li>Good Morning LEC!</li> <li>Sewing Adventures With Candy Bridges</li> <li>Veteran Reminiscing With Gene Bridges</li> <li>Music With Tom Wood &amp; Mary Whitaker</li> </ul> <i>Baked Chicken Legs-Macaroni &amp; Cheese-Sugar Snap Peas-Cherry Cheesecake</i>	<b>7 Tuesday</b> <ul style="list-style-type: none"> <li>Carolina Care Singers</li> <li>LEC's News &amp; Weather</li> <li>Kitchen Time Men's Group With Casey Mauney</li> <li>"Guess The Picture" Trivia Game</li> </ul> <i>Homemade Potato Soup-Oyster Crackers-Salad-Fruit Cobbler</i>	<b>8 Wednesday</b> <ul style="list-style-type: none"> <li>A Visit From Home Safety Officer, James Brooks</li> <li>Celebrating Elvis Presley</li> <li>Inspirational Time With Alma Adams</li> </ul> <i>Music Therapy with Hannah</i> <i>Shepherd's Pie w/Vegetables-Steamd Broccoli-Roll-Chocolate Caramel Pudding Cake</i>	<b>9 Thursday</b> <ul style="list-style-type: none"> <li>Pet Therapy With "Sky" The Therapy Dog</li> <li>Coffee With The Kings Mountain Fire Department</li> <li>News Around The World</li> <li>Piano Favorites With Faye Boulden</li> </ul> <i>Music Therapy with Hannah</i> <b>Participant Cook Day</b>	<b>10 Friday</b> <ul style="list-style-type: none"> <li>Winter Pictionary</li> <li>Winter Crafts With Ruby Huges</li> <li>Let's Write A Story</li> <li>Building Air Planes With Wade Owens</li> </ul> <i>Baked Ham-Cheesy Scalloped Potatoes-Broccoli &amp; Carrots-Cheddar Biscuits-Peanut Butter Cookie</i>
<b>13 Monday</b> <ul style="list-style-type: none"> <li>Sewing Techniques With Candy Bridges</li> <li>Pearl Harbor Reminiscing With Gene Bridges</li> <li>LEC's Monthly Birthday Party</li> </ul> <i>Music Therapy with Hannah</i> <i>Meatloaf-Mashed Potatoes-Lima Beans-Parker House Rolls-Fruit Cocktail</i>	<b>14 Tuesday</b> <ul style="list-style-type: none"> <li>Our Daily Chronicles</li> <li>"Guess That Taste"</li> <li>Parachute Fun</li> <li>"Name That Tune" Trivia Game</li> </ul> <i>Music Therapy with Hannah</i> <i>Chicken Tenders-Tater Tots-Green Beans-Pears w/Whipped Topping</i>	<b>15 Wednesday</b> <ul style="list-style-type: none"> <li>A Walk Down Memory Lane</li> <li>Craft Time With Drannan Hollifield</li> <li>Inspirational Time With Alma Adams</li> <li>Tone Chimes</li> </ul> <b>Participant Cook Day</b>	<b>16 Thursday</b> <ul style="list-style-type: none"> <li>On This Day In History</li> <li>Wacky Word Puzzles</li> <li>Piano Favorites With Faye Boulden</li> <li>Anne Gamble Of The Kings Mountain Library Shares Music</li> </ul> <i>Manicotti Italian Casserole-Chopped Salad w/Italian Dressing-Garlic Bread-Strawberry Parfait</i>	<b>17 Friday</b> <ul style="list-style-type: none"> <li>LEC Bag Auction</li> <li>Making Cheese Balls For Snack</li> <li>Tribute To Dr. Martin Luther King, Jr.</li> </ul> <i>Music Therapy with Hannah</i> <i>Smoky Maple Salmon-Rissotto-Braised Vegetables-Parker House Rolls-Apple Cake</i>
<b>20 Monday</b>  <b>CLOSED</b> <i>Baked Chicken Legs-Mashed Sweet Potatoes-Steamd Broccoli w/Cheese Sauce-Biscuit-Mixed Fruit</i>	<b>21 Tuesday</b> <ul style="list-style-type: none"> <li>Good Morning LEC</li> <li>Let's Bowl A Spare</li> <li>Chair Zumba</li> <li>Guitar Favorites With Eddie Cooke</li> </ul> <i>Beef Nachos w/Mexican Salad-Picco de Gallo-Strawberry Oatmeal Bars</i>	<b>22 Wednesday</b> <ul style="list-style-type: none"> <li>Wear A Hat, Tell A Story</li> <li>Musical Instrument Parade</li> <li>Inspirational Time With Alma Adams</li> <li>Health Fair</li> </ul> <i>Music Therapy with Hannah</i> <i>Loaded Baked Potato w/Chili, Cheese, Broccoli, &amp; Sour Cream-Pineapple Upside Down Cake</i>	<b>23 Thursday</b> <ul style="list-style-type: none"> <li>Music With David Melton</li> <li>Making Pound Cakes</li> <li>News Around The World</li> <li>Piano Favorites With Faye Boulden</li> </ul> <i>Music Therapy with Hannah</i> <i>Beef Tips w/Gravy-Mashed Potato Casserole-Brussel Sprouts-Ice Cream Cup</i>	<b>24 Friday</b> <ul style="list-style-type: none"> <li>Do You Want To Build A Snowman</li> <li>Frosty "Ball" Toss</li> <li>Marshmallow Stacking Competition</li> </ul> <b>Participant Cook Day</b>
<b>27 Monday</b>  <ul style="list-style-type: none"> <li>Sewing Adventures With Candy Bridges</li> <li>Veteran Reminiscing With Gene Bridges</li> <li>Hot Chocolate &amp; Cookies</li> </ul> <i>Music Therapy with Hannah</i> <i>Pork Chops-Boiled New Potatoes-Spinach Salad-Biscuit-Applesauce w/Cinnamon</i>	<b>28 Tuesday</b>  <ul style="list-style-type: none"> <li>A Visit With The Golden Chorus</li> <li>Making Mittens</li> <li>Tai Chi</li> <li>Making Snow Cream</li> </ul> <i>Music Therapy with Hannah</i> <b>Participant Cook Day</b>	<b>29 Wednesday</b>  <ul style="list-style-type: none"> <li>Let's Have A Snowball Fight!</li> <li>Making Homemade Soup</li> <li>Inspirational Time With Alma Adams</li> </ul> <i>Lasagna-LEC's Favorite Salad-Garlic Bread-Lemon Mousse</i>	<b>30 Thursday</b>  <ul style="list-style-type: none"> <li>Making S'mores With Robin Gunner</li> <li>Winter Bi-folkals</li> <li>Piano Favorites With Faye Boulden</li> </ul> <i>Vegetable Beef Soup-Grilled Cheese Sandwich-Brownies</i>	<b>31 Friday</b>  <ul style="list-style-type: none"> <li>Winter Painting</li> <li>LEC News &amp; Weather</li> <li>Snowman Craft With Angela Butler</li> </ul> <i>Music Therapy with Hannah</i> <i>Lemon Chicken Piccata-Penne Pasta-Caesar Salad-Roll-Yogurt Berry Parfait</i>

Winter Wonderland Week! January 27-31

## In Memory:

*The following have been remembered with a gift to  
Life Enrichment Center:*

**Ottis S. Wright**

*By*

Joyce & Scott Wright

**Evelyn J. Fox**

*By*

Larry & Dianne Dooley

**William Mabry**

*By*

Bill & Susan Young

**Frances M. Davis**

*By*

Gaston County Department Of  
Health & Human Services-  
Public Health Division

## Gifts:

*The following have given a gift to  
Life Enrichment Center:*

Neil, Lynn, Wendy,  
& Wesley Wright

Magnolia Garden Club  
Of Kings Mountain  
Patricia Wilkinson

*Participant Richard  
enjoys the chocolate  
fondue party hosted by  
White Oak Manor of  
Shelby.*



## THANK YOU!

Robyn Mauney - Magazines  
Bob Blakley - Food Items  
Connie Willis - Clothing  
Debbie Curry - Bingo Prizes  
Dot Lee - Magazines  
Joann Schenck - Bingo Prizes  
Lucy Rossini - Magazines  
Jessi Ogburn - Calendars/Bingo Prizes  
David Rabb - Magazines  
Kathy & James Grigg - Magazines  
Ann Pharr - Craft Supplies  
Shelby Presbyterian Church - Christmas Cookies  
Nancy & Bill McCullough - Magazines  
Dot Roark - Christmas Cards  
Roger Hollifield - Pineapple Cake  
PEO Chapter AH - Bingo Prizes  
Missy Wiggins - Bingo Prizes/Paint Sets  
Summit Place, KM - Pumpkin Pie  
Akua Boateng - Personal Care Item  
Connie Savell - Greeting Cards  
Kathy Webster - Magazines  
Marilyn Groce - Personal Care Items  
Terrie Lewis - Bingo Prizes/Hair Care Products  
Chuck & Lynn Wilson - Wheelchair/Walker  
Sue Gainey - Construction Paper & Magazines  
Kenton Schleimer - Snacks  
Kings Mountain Intermediate School Chorus -  
Candy Canes  
Angie Cox - Bingo Prizes  
Sharon Martin - Assorted Gifts  
Jackie Lucas & Family - Eggnog/Ice Cream  
Rebecca Payne & Ruth Burns - Misc. Items  
White Oak Manor Corporate Office - Gift Basket  
White Oak of Kings Mountain - Hot Cocoa/  
Christmas Cups  
Beth McDaniel - Magazines  
Lynn Spangler-Magazines

**Wish List**  
**Amazon Gift Cards**

# Calling All Caregivers!

# One Call

LEC now uses "One Call Now". This is a mass messaging system that allows us to quickly call or text friends and family of LEC with reminders, weather alerts, and special announcements. Our system is set to call the primary contact number for each participant. Please update any changes to phone numbers with LEC. If you would like to participate in our "One Call Now" system via text messaging, please text ALERT to 22300. (Normal text and data rates may apply.)



**LIFE ENRICHMENT CENTER**  
ADULT DAY CARE & HEALTH SERVICES

Visit Us At  
[www.lifeenrichmentcenter.org](http://www.lifeenrichmentcenter.org)

or

Check us out on Facebook!  
[www.facebook.com/lecwhateveritakes](http://www.facebook.com/lecwhateveritakes)

## Your Gift Will Help Families Stay Together... Please Give.

### Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

#### By becoming a:

- ☐ Friend \$25-\$100
- ☐ Supporter \$101-\$500
- ☐ Sponsor \$501-\$1,000
- ☐ Patron \$1,001-\$2,500
- ☐ Benefactor \$2,501-\$4,999
- ☐ Major Benefactor \$5,000 +

Make checks payable to:

*Life Enrichment Center*  
*110 Life Enrichment Blvd.*  
*Shelby, NC 28150*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

Send a notice to: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



Card No. \_\_\_\_\_ Expiration Date \_\_\_\_\_

Amount \_\_\_\_\_ Signature \_\_\_\_\_

Security Code \_\_\_\_\_



## Board of Directors

Larry Dooley, *President*  
Pete Gilbert, *Vice-President*  
Evelyn Ribadeneyra, *Secretary*  
Donna Beringer, *Treasurer*  
Suzanne Amos  
Dr. David Barker  
Heather Bridges Moore  
Tommy Brooks  
Julie Bryan  
Danny Clay  
Rev. Melvin Clark  
Hannah Cyr  
Julie Daves  
Charlene Fitch  
Chris Gash  
Rev. Eddie Gray  
Patsy Irvin  
Dr. Carolyn Jackson  
Marie Jackson  
Melissa Jackson  
Tom Martin  
Katherine Panther Potemkin  
Paula Ramsey  
Jonathan Rhodes  
Sharon Robbs  
Beth Thomas

## Advisory Board

Mason Venable, *Chairman*  
Monty Thornburg, *Secretary*  
Mary Accor  
Greg Blalock  
Jesse Bone  
Honorable Forrest D. Bridges  
David Brinkley  
Tom Brooks  
Cecil Burton  
Wade Carpenter  
David Cline  
Gary Gold  
Connie Greene  
Jennipher Harrill  
Kitty Hoyle  
Dr. Jane King  
Tyler Leonhardt  
Brenda Lovelace  
Randy Mach  
Tom McNichol  
Sarah Nestlerode  
Ellis Noell  
David Pharr  
Jay Rhodes  
Dr. Mike Ribadeneyra  
Gary Ritchie  
Phillis Robinson  
Ernest Rome  
Bob Smith  
John Still  
Chris Turner  
John Turner  
Oscar Zamora



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Life Enrichment Center  
110 Life Enrichment Blvd.  
Shelby, North Carolina 28150

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## IMPORTANT ANNOUNCEMENTS

Announcements of closings due to bad weather will be made on LEC's telephone answering machine, our Facebook page, WBTV television, and through the **"One Call Now"** service. Should it be necessary to close early, caregivers will be notified by telephone.

**Please Remember To Label All Sweaters, Jackets, And Coats!!**

## Caregiver Support Group

### "Three Responses To Dementia"

*(Teepa Snow Video Series)*

Tuesday, **January 21**, 2020  
5:30-7:00pm

Life Enrichment Center  
110 Life Enrichment Center Blvd.

**Shelby, NC 28150**

704.484.0405

### "Community Resources... What's Available?"

Tuesday, **January 28**, 2020  
5:30-7:00pm

The Neisler Center  
222 Kings Mountain Blvd.

**Kings Mountain, NC 28086**

704.739.4858

Free sitter service available upon request, please notify one week in advance.



*(Left to right) Neisler Center participants, Melissa, Janie, and Betty, enjoy the "Sewing Club" with volunteer, Candi Bridges. The club meets every Monday at LEC, Kings Mountain.*