

Life Enrichment Center

Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

www.LifeEnrichmentCenter.org

April 2022

Serving Veterans Since 1980

*Did you know that
the VA may cover
the cost of adult
day care?*

Call Today!



*Veteran Johnny
enjoys his time with
other veterans at
Life Enrichment.*

Adult Day Program

Shelby 704.484.0405 Kings Mountain 704.739.4858

*For 41 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community.
Life Enrichment Center is designated a national model among adult day cares across the country.*

Every day at LEC, we recognize those who proudly served our country! Veterans are given opportunities to share stories, have a purpose, and enjoy being around other veterans while receiving the following:

- ✓ Healthcare ✓ Therapies ✓ Baths/Showers
- ✓ Meaningful things to do
- ✓ No isolation at home



*(Above, left to right)
Veterans Thom and
Terry engage in
meaningful conversation
about their love of music.*

*Meaningful programs
give veterans
opportunities to build
relationships with other
veterans. Below,
veterans work together
during LEC's
woodworking project.*



(Left to right) Participant A.C. enjoys hearing stories from veterans Johnny & Earnest in the LEC healing garden.



(Below, Left to right) Veterans work together during an art project. Veteran Jessie plays piano for other participants.





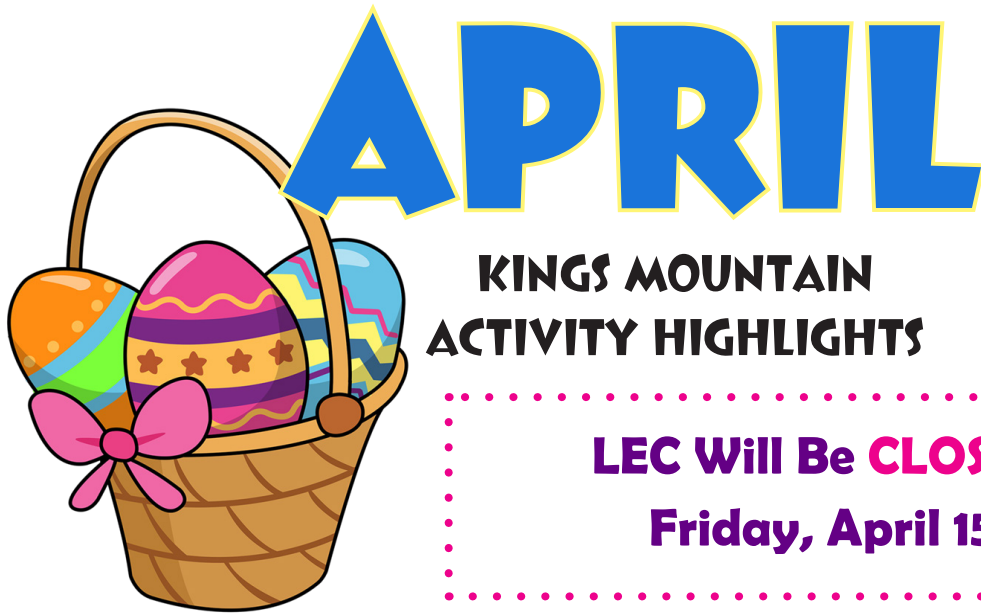
Friendly Reminder:
LEC will be **CLOSED**
April 15 for the Easter
Holiday!

1 Friday

- ♦April Fools Day!
- ♦Getting "Tattooed" At LEC
- ♦How To Make
Peanut Butter & Jelly Sliders

*Cheese Ravioli w/ Meat Sauce-Caesar Salad-
Breadstick-Applesauce*

<p><i>4 Monday</i> 🌱</p> <ul style="list-style-type: none"> ♦History Of The Masters Tournament ♦Easter Bingo ♦College Basketball Championship Pep Rally <p><i>Tuna Salad On Rye-Baked Chips-Tomato Slices-Mixed Fruit</i></p>	<p><i>5 Tuesday</i> 🌱</p> <ul style="list-style-type: none"> ♦Making A "Take Home" Garden ♦Dry Erase Board Word Games ♦Making Dandelion Jewelry <p><i>Pork Tenderloin-Mashed Potatoes-Carrots-Wheat Roll-Peaches</i></p>	<p><i>6 Wednesday</i> 🎵</p> <h2>Health Fair Day</h2> <p><i>Chicken Tenders-Macaroni & Cheese-Broccoli-Pears</i></p>	<p><i>7 Thursday</i> 🎵</p> <ul style="list-style-type: none"> ♦Making An Easter Day Photo Booth ♦Making Paper Plate Bunnies ♦"The Day The Phones Stopped Ringing" <p><i>Tomato Basil Soup-Grilled Cheese Sandwich-Mandarin Oranges</i></p>	<p><i>8 Friday</i> 🌱</p> <ul style="list-style-type: none"> ♦Easter Basket Auction ♦"Homeruns" For Exercise ♦How To Make Empanadas  <p><i>Smoked Sausage-Peppers & Onions-Boiled Potatoes-Wheat Roll- Applesauce</i></p>
<p><i>11 Monday</i></p> <ul style="list-style-type: none"> ♦Celebrating The Civil Rights Anniversary ♦Worship Service With Blessed Coverings ♦"Bunny Hop" Parade <p><i>BBQ Chicken-Potato Salad-GreenBeans-Peaches</i></p>	<p><i>12 Tuesday</i> 🎵</p> <ul style="list-style-type: none"> ♦Making Paper Mache Easter Eggs ♦Music With Tom Wood & Friends ♦Arts & Crafts: Milk Jug Easter Baskets <p><i>Baked Spaghetti-Garden Salad-Garlic Bread-</i></p>	<p><i>13 Wednesday</i> 🌱</p> <ul style="list-style-type: none"> ♦SCRABBLE Day ♦How To Make Homemade Peeps ♦Easter Egg Coloring Contest <p><i>Pinto Beans-Coleslaw-Combread-Oranges</i></p>	<p><i>14 Thursday</i> 🌱</p> <ul style="list-style-type: none"> ♦All About The Assassination Of Abraham Lincoln ♦LEC Easter Egg Hunt ♦DIY Edible Fruit Cups  <p><i>Baked Ham-Scalloped Potatoes-Green Beans-Wheat Roll-Pineapple</i></p>	<p><i>15 Friday</i></p>  <h2>CLOSED</h2>
<p><i>18 Monday</i> 🌱</p> <ul style="list-style-type: none"> ♦Participant Council Meeting ♦LEC Monthly Birthday Party ♦DIY Edible Fruit Cups  <p><i>Egg Salad Sandwich-Baked French Fries-Dill Pickles-Applesauce</i></p>	<p><i>19 Tuesday</i> 🌱</p> <ul style="list-style-type: none"> ♦LEC People's Court ♦How To Make Peach Dump Cake  <p><i>Pot Roast-Mashed Potatoes-Peas-Wheat Roll-Mandarin Oranges</i></p>	<p><i>20 Wednesday</i> 🎵</p> <ul style="list-style-type: none"> ♦Puzzle Piece Artwork ♦Learning About The Chinese Alphabet ♦Virtual Tour Of Fenway Park <p><i>Baked Salmon-Caesar Salad-Breadstick-Pineapple</i></p>	<p><i>21 Thursday</i> 🎵</p> <h2>LEC Spa Day</h2> <p><i>Roasted Turkey-Sweet Potato Casserole-Green Beans-Wheat Roll-Peaches</i></p>	<p><i>22 Friday</i> 🌱</p> <h2>LEC GAME DAY!</h2> <ul style="list-style-type: none"> ♦Family Feud ♦Price Is Right ♦Wheel Of Fortune ♦Minute To Win It Games <p><i>Cheese Burgers w/Lettuce, Tomato, & Onion-Baked Beans-Fruit Cocktail</i></p>
<p><i>25 Monday</i></p> <ul style="list-style-type: none"> ♦Ella Fitzgerald Trivia ♦Ladies Red Hat Tea Party ♦Men's Group Woodstaining Project <p><i>Baked Chicken-Garden Salad-Wheat Roll-Pears</i></p>	<p><i>26 Tuesday</i> 🎵</p> <ul style="list-style-type: none"> ♦Who Is Your Favorite Super Hero? ♦Board Game Fun ♦Music With Jim McCurry & Friends <p><i>Hamburger Steak w/Gravy-Potatoes & Carrots-Wheat Roll-Mixed Fruit</i></p>	<p><i>27 Wednesday</i> 🌱</p> <ul style="list-style-type: none"> ♦Spring Time Shaving Cream Art <h2>LEC Wacky Wedding</h2> <p><i>Chicken Sandwich w/Lettuce & Tomato, Tater Tots-Applesauce</i></p>	<p><i>28 Thursday</i> 🌱</p> <ul style="list-style-type: none"> ♦LEC Science Fair ♦Volcano Experiment ♦All About Bill Nye "The Science Guy" <p><i>Loaded Potato w/ Chili-Broccoli & Cheese-Wheat Roll-Peaches</i></p>	<p><i>29 Friday</i></p> <ul style="list-style-type: none"> ♦Can You Solve The Riddle? ♦Mason Jar Guessing Game ♦LEC Cornhole Tournament  <p><i>Fish Sandwich-Green Beans-Baked French Fries-Mandarin Oranges</i></p>



Neisler Center
by the Neisler Foundation
222 Kings Mountain Blvd.
Kings Mountain, NC 28086
704-739-4858

KINGS MOUNTAIN ACTIVITY HIGHLIGHTS

LEC Will Be CLOSED
Friday, April 15

1 Friday

- ♦Who Can Tell The Best April Fools Joke?
- ♦Paper Plate Exercise
- ♦Flower Of The Day;
All About The Daisy

*Cheese Ravioli w/ Meat Sauce-Caesar Salad-
Breadstick-Applesauce*

<p><i>4 Monday</i></p> <ul style="list-style-type: none"> ♦Easter Egg Collage ♦Sing-a-Long With "Senior Moments" ♦Going "Dutch" Detective <p>Health Fair</p> <p><i>Tuna Salad On Rye-Green Beans-Tomato Slices-Mixed Fruit</i></p>	<p><i>5 Tuesday</i> 🎵</p> <ul style="list-style-type: none"> ♦"Picture The Song 2" Game ♦Chair Zumba ♦"Dutch" Bingo <p>BINGO</p> <p><i>Pork Tenderloin-Mashed Potatoes-Carrots-Wheat Roll-Peaches</i></p>	<p><i>6 Wednesday</i> 🌱</p> <ul style="list-style-type: none"> ♦Making Personal Birthday Flyers ♦Pool Noodle Exercise ♦"Pesky Petal" Game <p><i>Chicken Tenders-Macaroni & Cheese-Broccoli-Pears</i></p>	<p><i>7 Thursday</i> 🌱</p> <ul style="list-style-type: none"> ♦Easter Craft: Bunnies ♦Parachute Fun ♦"Do You Hear What I Hear?" Spring Edition <p></p> <p><i>Tomato Basil Soup-Grilled Cheese Sandwich-Mandarin Oranges</i></p>	<p><i>8 Friday</i></p> <ul style="list-style-type: none"> ♦"Then & Now" Reminiscing ♦Indoor Volleyball ♦LEC Monthly Birthday Party <p></p> <p><i>Smoked Sausage-Peppers & Onions-Boiled Potatoes-Wheat Roll- Applesauce</i></p>
<p><i>11 Monday</i> 🌱</p> <ul style="list-style-type: none"> ♦Participant Council Meeting ♦Seated Soccer Match ♦"Sprint Time" Bead Art <p></p> <p><i>BBQ Chicken-Potato Salad-GreenBeans-Peaches</i></p>	<p><i>12 Tuesday</i> 🌱</p> <ul style="list-style-type: none"> ♦LEC "Wheel Of Fortune" ♦Box Hockey ♦Spa Day <p>WHEEL OF FORTUNE</p> <p><i>Baked Spaghetti-Garden Salad-Garlic Bread-</i></p>	<p><i>13 Wednesday</i> 🎵</p> <ul style="list-style-type: none"> ♦LEC "Price Is Right" ♦Chair Yoga ♦Cooking Program: Buttermilk Easter Cookies <p><i>Pinto Beans-Coleslaw-Cornbread-Oranges</i></p>	<p><i>14 Thursday</i> 🎵</p> <ul style="list-style-type: none"> ♦Arts & Crafts: Easter Bonnets & Egg Dying ♦Easter Bonnet Parade ♦LEC Easter Party <p></p> <p><i>Baked Ham-Scalloped Potatoes-Green Beans-Wheat Roll-Pineapple</i></p>	<p><i>15 Friday</i></p> <p></p> <p>CLOSED</p>
<p><i>18 Monday</i> 🌱</p> <ul style="list-style-type: none"> ♦April In Amsterdam ♦"Dutch" Bingo ♦History Of The "Clog" <p>Amsterdam Party</p> <p><i>Turkey Sub-Baked French Fries-Dill Pickles-Applesauce</i></p>	<p><i>19 Tuesday</i> 🎵</p> <ul style="list-style-type: none"> ♦Reminiscing Of Farm Days ♦Musical Chair Exercise ♦LEC Scattergories <p></p> <p><i>Pot Roast-Mashed Potatoes-Peas-Wheat Roll-Mandarin Oranges</i></p>	<p><i>20 Wednesday</i> 🌱</p> <ul style="list-style-type: none"> ♦LEC "Hot Potato" ♦"Around The World" Exercise ♦Cooking Program: Egg Salad Cups <p><i>Chicken Tenders-Caesar Salad-Breadstick-Pineapple</i></p>	<p><i>21 Thursday</i> 🌱</p> <ul style="list-style-type: none"> ♦"Opening Season" Baseball Party ♦Indoor Baseball Game ♦Baseball Trivia <p><i>Roasted Turkey-Sweet Potato Casserole-Green Beans-Wheat Roll-Peaches</i></p>	<p><i>22 Friday</i></p> <p>Celebrating Earth Day</p> <p></p> <p><i>Cheese Burgers w/ Lettuce, Tomato, & Onion-Baked Beans-Fruit Cocktail</i></p>
<p><i>25 Monday</i> 🌱</p> <ul style="list-style-type: none"> ♦Taking A Walk Down Memory Lane ♦Indoor Kickball ♦Soda Pop Social <p><i>Baked Chicken-Garden Salad-Wheat Roll-Pears</i></p>	<p><i>26 Tuesday</i> 🌱</p> <ul style="list-style-type: none"> ♦Spring Edition "Time Slips" ♦Tai Chi ♦Creating LEC Kentucky Derby Jerseys <p><i>Hamburger Steak w/ Gravy-Potatoes & Carrots-Wheat Roll-Mixed Fruit</i></p>	<p><i>27 Wednesday</i> 🎵</p> <ul style="list-style-type: none"> ♦Creative Writing: Your Dream Vacation ♦LEC Relay Races ♦How To Make Rice Krispy Treats <p><i>Chicken Sandwich w/ Lettuce & Tomato, Tater Tots-Applesauce</i></p>	<p><i>28 Thursday</i> 🎵</p> <ul style="list-style-type: none"> ♦Decorating For The LEC Kentucky Derby ♦Spa Day <p></p> <p><i>Loaded Potato w/ Chili-Broccoli & Cheese-Wheat Roll-Peaches</i></p>	<p><i>29 Friday</i> 🌱</p> <p>Annual LEC Kentucky Derby!</p> <p><i>Fish Sandwich-Green Beans-Baked French Fries-Mandarin Oranges</i></p>

In Memory...

*The following have been remembered with a gift to
Life Enrichment Center:*

Mike Bowman

*by
Kayla Bowman*

Margaret Wright

*by
Mike & Phillis Robinson*

Howard S. Wright

*by
Beth & Tony Gilstrap*

Friends:

*The following has given a gift to
Life Enrichment Center*

Myra & Scoot Dixon

THANK YOU!

Libby Glenn-Flowers
Julia Smith-Bingo Prizes
BJ Zamora-Magazines
Gastonia Chapter Las Amigas Inc.- Misc. Items
David Froneberger-Art Supplies
Ruby McKinney-Art Supplies, Lotions



(Left to right) Participants Charlene, Myrna, & Terry are all smiles during the LEC St. Patrick's Day celebration.

Former Participant Caroline with parents Paul & Holly Godfrey.



Participant Brayden says thank you!



LEC would like to thank Paul & Holly Godfrey, Joel & Patsy Rountree, and the students and faculty of North Shelby School for the donation of art supplies and other items in memory of Miss Caroline Godfrey.

Your Gift Will Help Families Stay Together... Please Give.

Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

By becoming a:

- ☐ Friend \$25-\$100
- ☐ Supporter \$101-\$500
- ☐ Sponsor \$501-\$1,000
- ☐ Patron \$1,001-\$2,500
- ☐ Benefactor \$2,501-\$4,999
- ☐ Major Benefactor \$5,000 +

Make checks payable to:

*Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, NC 28150*

Name _____

Address _____

City _____ State _____ Zip _____

In memory of _____

In honor of _____

Send a notice to: _____

Address _____

City _____ State _____ Zip _____

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



Card No. _____ Expiration Date _____

Amount _____ Signature _____

Security Code _____

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Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, North Carolina 28150

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Important Announcements:

Important announcements will be made on LEC's Facebook page, and through the "One Call Now" service. Should it be necessary to close early, caregivers will be notified by telephone.

(Left to right) Participants Trey & Cathy work hard to get the LEC healing garden ready for planting.

