



# Life Enrichment Center

Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

[www.LifeEnrichmentCenter.org](http://www.LifeEnrichmentCenter.org)

May 2021

*Participant Evelyn picks the first few flowers of Spring!*

## Looking For The Perfect Mother's Day Gift?

Life Enrichment Center offers meaningful programs, quality health care, and opportunities for socialization. Everyone has a purpose. Help your mother rediscover hers today!

Call for a **FREE** trial visit!



*She gave you the very best...now it's your turn!*

Shelby 704.484.0405

Kings Mountain 704.739.4858

*For 40 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community. Life Enrichment Center is designated a national model among adult day cares across the country.*



Every day at LEC includes mental & physical exercise,  
a chance to be creative, spiritual enrichment,  
entertainment, reminiscing, fun, and laughter!



(Left) Participant Cathleen and staff member Ashley work on an art project. (Below) Good friends Dottie(left) and Charlene(right) enjoy doing a puzzle together.



(Left) Participant Lorraine is all smiles during the LEC monthly birthday party. (Right) Participant Barbara enjoys the Horticultural Therapy program in the LEC healing garden.







(Above) Participant Jane is busy planting sunflower seeds in the greenhouse. (Right) Participant Helen makes seed "bombs" during Horticultural Therapy.



Sharing a birthday with friends is special. This year, (pictured left to right), participants Claudia and Nancy, celebrated their birthdays with their Life Enrichment family!





## Shelby Activity Highlights

<p><b>3 Monday</b></p> <ul style="list-style-type: none"> <li>♦Virtual Banjo Music With Debbie Vaughan</li> <li>♦Lunch In The LEC Healing Garden</li> </ul> <p>🎵 Music Therapy with Hannah <i>Baked Ham-Potato Salad-Baked Beans-Roll-Peaches</i></p>	<p><b>4 Tuesday</b></p> <ul style="list-style-type: none"> <li>♦Planting Tulips</li> <li>♦Making Brownies For The Fire Department</li> <li>♦Jamaican Music Exercise</li> </ul> <p>Horticultural Therapy with Debra <i>Grilled White Fish-Coleslaw-French Fries-Bread Stick-Pears</i></p>	<p><b>5 Wednesday</b></p> <ul style="list-style-type: none"> <li>♦Pinata Fun</li> <li>♦History Of Mexico</li> <li>♦Celebrating Cinco de Mayo</li> </ul> <p>🎵 Music Therapy with Hannah <i>Beef Enchiladas-Refried Beans-Mexican Salad-Pineapple</i></p>	<p><b>6 Thursday</b></p> <ul style="list-style-type: none"> <li>♦Bubble Party With Cedar Side</li> <li>♦Guess That TV Theme Song</li> <li>♦Volleyball Exercise</li> </ul> <p>🎵 Music Therapy with Hannah <i>Baked Chicken-Scalloped Potatoes-Green Beans-Roll-Applesauce</i></p>	<p><b>7 Friday</b></p> <ul style="list-style-type: none"> <li>♦Happy Mother's Day Table Crafts</li> <li>♦Mother's Day Reminiscing</li> <li>♦Making Milky Way Bars</li> </ul> <p>Horticultural Therapy with Debra <i>Bologna &amp; Cheese Sandwich-Baked Chips-Apple &amp; Banana Salad</i></p>
<p><b>10 Monday</b></p> <ul style="list-style-type: none"> <li>♦Making Thank You Cards For Nurses</li> <li>♦Fun In the Sun</li> <li>♦All About Rootbeer Floats</li> </ul> <p>🎵 Music Therapy with Hannah <i>Chicken Sandwich w/Lettuce &amp; Tomato-Cucumber Salad-Tater Tots-Mandarin Oranges</i></p>	<p><b>11 Tuesday</b></p> <ul style="list-style-type: none"> <li>♦Flower Arts/Craft Day</li> <li>♦Virtual Music With Tom Wood</li> <li>♦History of Hostess Cupcakes</li> </ul> <p>🎵 Music Therapy with Hannah <i>Pinto Beans-Coleslaw-Cornbread-Pineapple</i></p>	<p><b>12 Wednesday</b></p> <ul style="list-style-type: none"> <li>♦Happy National Nurses' Day</li> <li>♦Making Homemade Fudge</li> <li>♦Kickball Exercise</li> </ul> <p>Horticultural Therapy with Debra <i>Sloppy Joes-Red Beans-French Fries-Peaches</i></p>	<p><b>13 Thursday</b></p> <ul style="list-style-type: none"> <li>♦Name That Tune-Stevie Wonder Edition</li> <li>♦Making Apple Pies For National Apple Pie Day</li> <li>♦Pie Eating Contest</li> </ul> <p>Horticultural Therapy with Debra <i>White Chicken Chili-Coleslaw-Cornbread-Pears</i></p>	<p><b>14 Friday</b></p> <ul style="list-style-type: none"> <li>♦All About Sharks</li> <li>♦Making Shark Fins</li> <li>♦Learn To Make "Sliders"</li> </ul> <p>🎵 Music Therapy with Hannah <i>Spaghetti w/Meat Sauce-Garden Salad-Bread Stick-Applesauce</i></p>
<p><b>17 Monday</b></p> <ul style="list-style-type: none"> <li>♦LEC Bingo Fun</li> <li>♦Participant Council Meeting</li> <li>♦LEC Monthly Birthday Party</li> </ul> <p>Horticultural Therapy with Debra <i>Tomato Soup-Grilled Cheese-Broccoli-Mandarin Oranges</i></p>	<p><b>18 Tuesday</b></p> <ul style="list-style-type: none"> <li>♦Virtual Museum Tours</li> <li>♦Afternoon "I Spy"</li> <li>♦Parachute Fun</li> </ul> <p>Horticultural Therapy with Debra <i>Baked Chicken-Macaroni Salad-Tater Tots-Garlic Bread-Pineapple</i></p>	<p><b>19 Wednesday</b></p> <p><b>Health Fair</b></p> <p>🎵 Music Therapy with Hannah <i>Hot Ham &amp; Cheese-Vegetable Pasta Salad-Pears</i></p>	<p><b>20 Thursday</b></p> <ul style="list-style-type: none"> <li>♦Modge Podge Crafts</li> <li>♦Making Homemade Ice Cream</li> <li>♦Denim Day</li> </ul> <p><b>Wear Your Blue Jeans!</b></p> <p>🎵 Music Therapy with Hannah <i>Chicken Salad Sandwich w/Lettuce &amp; Tomato-Baked Chips-Peaches</i></p>	<p><b>21 Friday</b></p> <ul style="list-style-type: none"> <li>♦Making Homemade Pizza Sauce</li> <li>♦Making Homemade Pizza With Matt Bull</li> </ul> <p>Horticultural Therapy with Debra <i>Turkey w/Gravy-Mashed Potatoes-Green Beans-Roll-Applesauce</i></p>
<p><b>24 Monday</b></p> <p><b>Mr. Rogers' Day</b></p> <ul style="list-style-type: none"> <li>♦Mr. Rogers' Story Time</li> <li>♦Mr. Rogers' Life Lessons</li> </ul> <p>🎵 Music Therapy with Hannah <i>Chicken Broccoli Alfredo-Caesar Salad-Breadstick-Peaches</i></p>	<p><b>25 Tuesday</b></p> <ul style="list-style-type: none"> <li>♦Virtual Tap Dance Concert</li> <li>♦Making Homemade Pickles</li> </ul> <p>🎵 Music Therapy with Hannah <i>Reuben on Rye-Cucumber Salad-Pears</i></p>	<p><b>26 Wednesday</b></p> <ul style="list-style-type: none"> <li>♦Recognizing Madam CJ Walker</li> <li>♦Rewriting "Yellow Submarine"</li> <li>♦LEC Dance Party</li> </ul> <p>Horticultural Therapy with Debra <i>Loaded Potatoes w/Chili, Broccoli, Cheese, &amp; Sour Cream-Roll-Pineapple</i></p>	<p><b>27 Thursday</b></p> <ul style="list-style-type: none"> <li>♦Community Quilting</li> <li>♦Bring In Your Favorite Old T-Shirt</li> <li>♦Name That Tune-Hymnal Edition</li> </ul> <p>Horticultural Therapy with Debra <i>Bologna &amp; Cheese Sandwich-Baked Chips-Apple &amp; Banana Salad</i></p>	<p><b>28 Friday</b></p> <ul style="list-style-type: none"> <li>♦Making LEC Prom Decorations</li> <li>♦Grilling Hamburgers For Lunch</li> <li>♦LEC Zumba</li> </ul> <p>🎵 Music Therapy with Hannah <i>Grilled Cheeseburgers w/Lettuce &amp; Tomato-Potato Salad-Mandarin Oranges</i></p>
<p><b>31 Monday</b></p> <ul style="list-style-type: none"> <li>♦Memorial Day Program</li> <li>♦Making A Patriotic Cake</li> <li>♦First Day Of Spirit Week</li> </ul> <p><b>Wear Red, White, &amp; Blue</b></p> <p>Horticultural Therapy with Debra <i>Vegetable Soup-Turkey Sandwich-Applesauce</i></p>	<p><b>Don't Forget!</b></p> <p><b>May 20, Denim Day (Wear your Denim)</b></p> <p><b>May 24, Mr. Rogers Day (Dress Like Mr. Rogers)</b></p> <p><b>May 31-June 4, Spirit Week</b></p>			





# May

Neisler Center  
by the Neisler Foundation  
222 Kings Mountain Blvd.  
Kings Mountain, NC 28086  
704-739-4858

## KINGS MOUNTAIN ACTIVITY HIGHLIGHTS

<p>3 Monday</p> <ul style="list-style-type: none"> <li>♦History Of Making May Day Baskets</li> <li>♦Arm Strength Exercise</li> <li>♦May Day Party</li> </ul> <p> Music Therapy with Hannah Baked Ham-Potato Salad-Baked Beans-Roll-Peaches</p>	<p>4 Tuesday</p> <ul style="list-style-type: none"> <li>♦Health Fair</li> <li>♦Parachute Fun</li> <li>♦Spring Garden Reminiscing</li> </ul> <p> Music Therapy with Hannah Grilled White Fish-Coleslaw-French Fries-Bread Stick-Pears</p>	<p>5 Wednesday</p> <ul style="list-style-type: none"> <li>♦Fiesta Shopping Game</li> <li>♦LEC Zumba</li> </ul> <p><b>Cinco de Mayo Party!</b></p> <p>Horticultural Therapy with Debra  Beef Enchiladas-Refried Beans-Mexican Salad-Pineapple</p>	<p>6 Thursday</p> <ul style="list-style-type: none"> <li>♦Our Expansion Journey Slide Show</li> <li>♦"I Built My Own House" Activities Connection</li> </ul> <p>Horticultural Therapy with Debra  Baked Chicken-Scalloped Potatoes-Green Beans-Roll-Applesauce</p>	<p>7 Friday</p> <ul style="list-style-type: none"> <li>♦Making Mothers' Day Cards</li> <li>♦Celebrating Our Mothers</li> <li>♦All About Famous Mothers</li> </ul> <p> Music Therapy with Hannah Bologna &amp; Cheese Sandwich-Baked Chips-Apple &amp; Banana Salad</p>
<p>10 Monday</p> <ul style="list-style-type: none"> <li>♦"Can Your Picture This?" Slide Show</li> <li>♦Spiro 100 Exercise</li> <li>♦Virtual Story Time With Ann Gamble</li> </ul> <p>Horticultural Therapy with Debra  Chicken Sandwich w/Lettuce &amp; Tomato-Cucumber Salad-Tater Tots-Mandarin Oranges</p>	<p>11 Tuesday</p> <ul style="list-style-type: none"> <li>♦Participant Council Meeting</li> <li>♦Imaginary Bicycle Adventure</li> <li>♦Bicycle Reminiscing</li> </ul> <p> Horticultural Therapy with Debra Pinto Beans-Coleslaw-Cornbread-Pineapple</p>	<p>12 Wednesday</p> <ul style="list-style-type: none"> <li>♦Daisy Artwork</li> <li>♦"Stick" Exercise</li> <li>♦"Roasting" Our Nurses For National Nurses Day</li> </ul> <p> Music Therapy with Hannah Sloppy Joes-Red Beans-French Fries-Peaches</p>	<p>13 Thursday</p> <ul style="list-style-type: none"> <li>♦Invention Or Imagination? Trivia</li> <li>♦LEC Zumba</li> <li>♦What Are The Greatest Inventions Of All Time?</li> </ul> <p>Music Therapy with Hannah White Chicken Chili-Coleslaw-Cornbread-Pears</p>	<p>14 Friday</p> <ul style="list-style-type: none"> <li>♦Fun Facts About Armed Forces Day</li> <li>♦Guess The Military Slang</li> <li>♦History Of The Military Songs</li> </ul> <p>Horticultural Therapy with Debra  Spaghetti w/Meat Sauce-Garden Salad-Bread Stick-Applesauce</p>
<p>17 Monday</p> <ul style="list-style-type: none"> <li>♦"Do You Hear What I Hear?"</li> <li>♦Balloon Volley</li> <li>♦Summer Vacation Reminiscing</li> </ul> <p>Music Therapy with Hannah Tomato Soup-Grilled Cheese-Broccoli-Mandarin Oranges</p>	<p>18 Tuesday</p> <ul style="list-style-type: none"> <li>♦Wacky Word Games</li> <li>♦Octagon Exercise</li> <li>♦Summer Time Collages</li> </ul> <p> Music Therapy with Hannah Baked Chicken-Macaroni Salad-Tater Tots-Garlic Bread-Pineapple</p>	<p>19 Wednesday</p> <p><b>LEC Spa Day</b></p> <p> Horticultural Therapy with Debra Hot Ham &amp; Cheese-Vegetable Pasta Salad-Pears</p>	<p>20 Thursday</p> <ul style="list-style-type: none"> <li>♦"Caption This" Word Games</li> <li>♦Osteoporosis Strong (Video)</li> <li>♦LEC Spelling Bee</li> </ul> <p>Horticultural Therapy with Debra  Chicken Salad Sandwich w/Lettuce &amp; Tomato-Baked Chips-Peaches</p>	<p>21 Friday</p> <ul style="list-style-type: none"> <li>♦Indoor &amp; Outdoor Games All Day</li> </ul> <p><b>LEC Friday Game Day!</b></p> <p>Music Therapy with Hannah Turkey w/Gravy-Mashed Potatoes-Green Beans-Roll-Applesauce</p>
<p>24 Monday</p> <ul style="list-style-type: none"> <li>♦All About The Wind</li> <li>♦LEC Zumba</li> <li>♦Virtual Story Time With Ann Gamble</li> </ul> <p>Horticultural Therapy with Debra  Chicken Broccoli Alfredo-Caesar Salad-Breadstick-Peaches</p>	<p>25 Tuesday</p> <ul style="list-style-type: none"> <li>♦All About Rain</li> <li>♦Hand Weight Exercise</li> <li>♦Practicing For The LEC Talent Show</li> </ul> <p>Horticultural Therapy with Debra  Rauben on Rye-Cucumber Salad-Pears</p>	<p>26 Wednesday</p> <ul style="list-style-type: none"> <li>♦All About Lightning</li> <li>♦Weather Trivia</li> <li>♦Sights And Sounds Of Nashville</li> </ul> <p>Music Therapy with Hannah Loaded Potatoes w/Chili, Broccoli, Cheese, &amp; Sour Cream-Roll-Pineapple</p>	<p>27 Thursday</p> <ul style="list-style-type: none"> <li>♦Fill In The Blank: Map Of The United States</li> <li>♦LEC Car Wash</li> </ul> <p> Music Therapy with Hannah Bologna &amp; Cheese Sandwich-Baked Chips-Apple &amp; Banana Salad</p>	<p>28 Friday</p> <p><b>LEC Prom! (Grease Lightning)</b></p> <p>Horticultural Therapy with Debra  Grilled Cheeseburgers w/Lettuce &amp; Tomato-Potato Salad-Mandarin Oranges</p>
<p>31 Monday</p> <ul style="list-style-type: none"> <li>♦Observing Memorial Day</li> <li>♦"What War Was This?" Trivia</li> <li>♦Tai Chi</li> </ul> <p> Music Therapy with Hannah Vegetable Soup-Turkey Sandwich-Applesauce</p>	<p><b>DATES TO REMEMBER!</b></p> <p><i>May 5, Cinco de Mayo Party!</i></p> <p><i>May 28, LEC PROM! (Grease Lightning)</i></p>			







(Left to right) Participant Daniel puts a fresh coat of paint on his easel. Participant Joe enjoys watering the indoor plants.

## In Memory:

*The following have been remembered with a gift to Life Enrichment Center*

**Betty Jones**

*by*

*Ruby McKinney*

**Doris Sweeting**

*by*

*Linda & Jim Lowry*

**Justin Tesner**

*by*

*Suzi & John Kennedy*

## Friends:

*The following has given a gift to Life Enrichment Center*

**Pat Greene**

## Thank You!

Wayne & Drissia Wright- Magazines  
 Donnette Dannelley- Magazines  
 Cleveland County Abuse Prevention- Personal Care Items  
 United Way of Cleveland County- Thermometers/Masks  
 Stacey Boswell- Puzzle Books  
 Goldie Russell- Magazines  
 Allan Propst- Medical Equipment  
 Connie Willis- Magazines  
 Sandra & Alan Cooke- Personal Care Items



**Shelby  
Wishlist:**

*Electric  
Sander*

Participant Amy Says Thank You!!



# Easter Fun At LEC !!

(Below) Participants Ann & Mary have become best of friends at LEC. Mary baked a pecan pie for Ann to enjoy over the Easter holiday.



Participant Crystal decorates the front lobby as participant Willie dyes eggs for the LEC Egg Hunt.



## Your Gift Will Help Families Stay Together... Please Give.

### Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

#### By becoming a:

- ( ) Friend \$25-\$100
- ( ) Supporter \$101-\$500
- ( ) Sponsor \$501-\$1,000
- ( ) Patron \$1,001-\$2,500
- ( ) Benefactor \$2,501-\$4,999
- ( ) Major Benefactor \$5,000 +

Make checks payable to:

Life Enrichment Center  
110 Life Enrichment Blvd.  
Shelby, NC 28150

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

Send a notice to: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



Card No. \_\_\_\_\_ Expiration Date \_\_\_\_\_

Amount \_\_\_\_\_ Signature \_\_\_\_\_

Security Code \_\_\_\_\_



## Board of Directors

Dr. Carolyn Jackson, *President*  
Russ Putnam, *Vice-President*  
Evelyn Ribadeneyra, *Secretary*  
Donna Beringer, *Treasurer*  
Suzanne Amos  
Dr. David Barker  
Duncan Blount  
Heather Bridges Moore  
Tommy Brooks  
Danny Clay  
Rev. Melvin Clark  
Hannah Cyr  
Larry Dooley  
Chris Gash  
Pete Gilbert  
Rev. Eddie Gray  
Patsy Irvin  
Melissa Jackson  
Tom Martin  
Katherine Panther Potemkin  
Jonathan Rhodes  
Sharon Robbs

## Advisory Board

Mason Venable, *Chairman*  
Monty Thornburg, *Secretary*  
Mary Accor  
Greg Blalock  
Jesse Bone  
Honorable Forrest D. Bridges  
David Brinkley  
Tom Brooks  
Cecil Burton  
Wade Carpenter  
David Cline  
Gary Gold  
Connie Greene  
Jennipher Harrill  
Kitty Hoyle  
Dr. Jane King  
Tyler Leonhardt  
Brenda Lovelace  
Randy Mach  
Tom McNichol  
Sarah Nestlerode  
Ellis Noell  
David Pharr  
Jay Rhodes  
Dr. Mike Ribadeneyra  
Gary Ritchie  
Phillis Robinson  
Bob Smith  
John Still  
Chris Turner  
John Turner  
Oscar Zamora

Life Enrichment Center  
110 Life Enrichment Blvd.  
Shelby, North Carolina 28150

Address Service Requested



*This institution is an equal opportunity provider/employer.*

Non-Profit Organization  
U.S. Postage  
PAID  
Charlotte, NC  
Permit #4106

## Important Announcements

# Upcoming Holiday Closings:



Monday, July 5, 2021      Monday, September 6, 2021



**SAVE THE DATE!!** Friday, September 17, 2021. All previous ticket sales will be honored for the Oak Grove String Band Benefit Concert for Life Enrichment! Stay tuned for more details and ticket purchase information. A night of great music for a great cause! We hope to see you there!

