



Life Enrichment Center

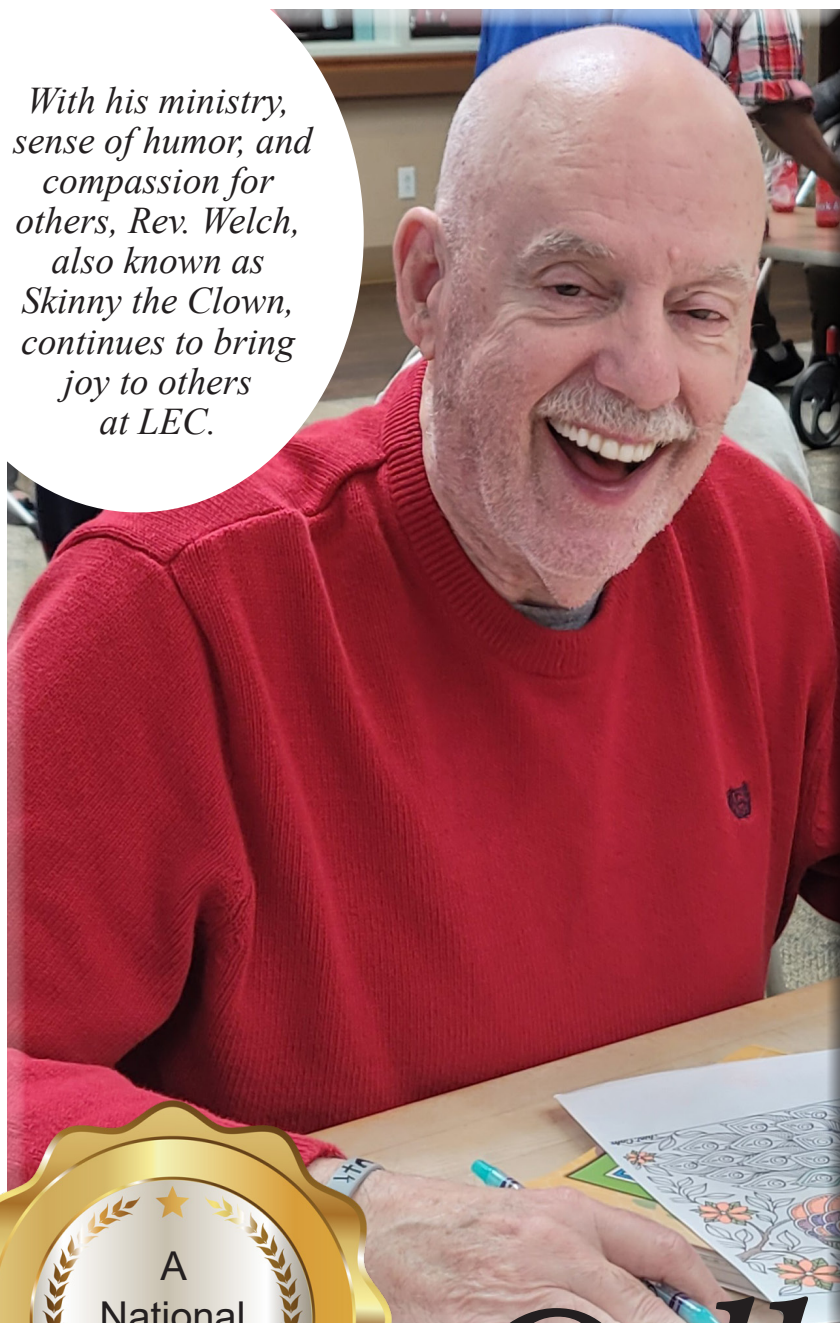
Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

www.LifeEnrichmentCenter.org

March 2024

With his ministry, sense of humor, and compassion for others, Rev. Welch, also known as Skinny the Clown, continues to bring joy to others at LEC.



*Has Dad
Always Been
The Life
Of The Party?*

*Do something
special for
the one you love.*

*Give him laughter,
friendship, and purpose at
Life Enrichment!*

A
National
Model

Call Today!

(Shelby) 704-484-0405 (Kings Mountain) 704-739-4858

For 43 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community. Life Enrichment Center is designated a national model among adult day cares across the country.

All Who Enter Here Are Loved!



(Above, left to right) Participants Charlene & Rose Marie chat before lunch. (Left) Participant Tyron is excited for the Valentine Dance Party as Zach plays tabletop games.



Lunch with friends makes for a special day!

Thank You For Making This Year's Valentine's Day So Special.

In memory of Caroline Godfrey, the following have given a gift to Life Enrichment Center.

Paul & Holly Godfrey, Doris McDaniel, Tim & Wanda Ware, Bobby & Cindy Phillips, Joe & Patsy Rountree, The Haynes Family, Nancy R. Nation, Emily Rountree, Trina Dees

"Sweetheart Ball 2024"

Paul and Holly Godrey along with family, friends, and members of the community sponsored the 2nd Annual Sweetheart Ball in memory of their daughter, Caroline, who will always be remembered by her beautiful smile, her love of music, and her mischievous personality. When Caroline arrived, you knew the party could begin.

What better way to honor her life than with music, dancing, and the sound of "Sweet Caroline" blasting through the halls of Life Enrichment!



(Left to right) Participants Jennifer, E'sheika, Kenton, and Katie say thank you for making this such a special day!

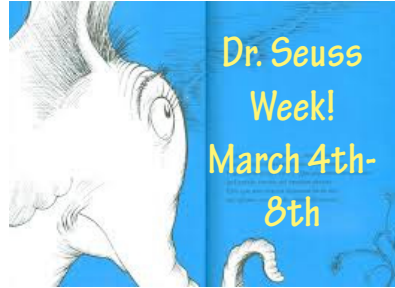


(Left to right) Holly & Paul Godrey with staff member Donna Tesner.

Life Enrichment Center
 110 Life Enrichment Blvd.
 Shelby, NC 28150
 704.484.0405

MARCH


Shelby Activity Highlights



1 Friday

- ◆ Making Thank You Cards For LEC Staff
- ◆ Staff Appreciation "Car Wash"
- ◆ Bingo With Brian Tart


Fish Sandwich-Macaroni & Cheese-Broccoli-Fruit Cocktail

 **4 Monday**

Dr. Seuss Week

- ◆ Mismatch Day: Wear Your Favorite Outfit Inside Out or Backwards
- ◆ Balloon Volley


Chicken Tenders-Potatoes-Green Beans-Roll-Pears

 **5 Tuesday**

Character Day

- ◆ Dress As Your Favorite Dr. Seuss Character
- ◆ Pickin' & Grinin' With Tommy Brooks


Pulled Pork Sliders-Coleslaw-Baked Fries-Mandarin Oranges

 **6 Wednesday**

Wacky Wednesday

- ◆ Wear Your Wackiest Socks & Hat
- ◆ Happy Birthday Shaquille O'Neil

Lasagna-Garden Salad-Bread Stick-Peaches

 **7 Thursday**

Green Eggs & Ham Day

- ◆ Wear Your Green
- ◆ Dr. Seuss Trivia
- ◆ Creative Writing: Dr. Seuss Edition

Grilled Cheese-Tomato Soup-Pineapple

 **8 Friday**


Jam Jammy Friday

- ◆ Wear Your Favorite PJ's
- ◆ Easter Crafts With Holly Goforth
- ◆ Parachute Fun

Pot Roast-Potatoes-Peas-Roll-Applesauce

11 Monday

- ◆ Fun Facts Of The 50's
- ◆ Paper Plate Exercise
- ◆ "Name That Tune" 50's Edition

 **Health Fair**

Chicken Pot Pie-Garden Salad-Roll-Mixed Fruit


12 Tuesday

- ◆ Fun Facts Of The 60's
- ◆ Music With Tom Wood & Friends
- ◆ "Tone It Up" Tuesday
- ◆ Classical Favorites With Eddie Cooke

Hamburger Steak w/Gravy-Potatoes-Carrots-Mandarin Oranges

13 Wednesday

- ◆ Fun Facts Of The 70's
- ◆ Musical Chair Exercise
- ◆ Devotion With Blessed Coverings

 **GROOVY**

White Beans w/Ham-Cornbread-Applesauce

14 Thursday

- ◆ Fun Facts Of The 80's
- ◆ 80's Sitcom Trivia
- ◆ "Sweatin' To The Oldies" Richard Simmons Rise To Fame

Turkey Sub w/Lettuce & Tomato-Baked Chips-Peaches

15 Friday 

St. Patty's Day Celebration: 90's Edition

- ◆ Wear Your Green 90's Attire

Comed Beef-Cabbage-Potatoes-Fruit Cocktail

18 Monday

- ◆ Cooking With Chad Roseboro
- ◆ Monthly Birthday Party Sponsored By The Extension Club Of Cleveland County
- ◆ A Visit With The Crest Middle School Jr. Civitan's Club

Cheeseburger Macaroni-Caesar Salad-Roll-Pineapple

19 Tuesday


- ◆ "Hello Spring!" Reminiscing
- ◆ Tai Chi
- ◆ Spring Time Scavenger Hunt



Baked Chicken-Potatoes-Broccoli-Roll-Peaches

20 Wednesday

- ◆ International Day Of Happiness
- ◆ Chair Yoga
- ◆ Planning The 2024 LEC Prom



Sloppy Joes-Tater Tots-Coleslaw-Pears

21 Thursday

- ◆ Table Top Game Time
- ◆ LEC Walking Club
- ◆ "Win, Lose, or Draw"



Roasted Turkey-Mashed Potatoes w/Gravy-Green Beans-Roll-Mixed Fruit

22 Friday


- ◆ Devotion With Derek Greene
- ◆ Chair Yoga
- ◆ A Visit With Audrey Weaver & Friends



Vegetable Beef Soup-Garden Salad-Bread Stick-Mandarin Oranges

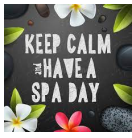
25 Monday

- ◆ Dyeing Easter Eggs
- ◆ Upper Body Exercise
- ◆ Participant Council Meeting



Chicken Sandwich w/Lettuce & Tomato-Baked Fries-Applesauce

26 Tuesday




- ◆ Music With McCurry Band & Friends

Baked Ham-Black Eyed Peas-Spinach-Roll-Fruit Cocktail

27 Wednesday

- ◆ All About Peter Cottontail
- ◆ Hymnal Trivia
- ◆ Virtual Visit To The Cadbury Chocolate Factory



Chicken w/Gravy Over Noodles-Green Beans-Roll-Peaches


28 Thursday

- ◆ "Shot Gun" Wacky Wedding
- ◆ LEC Easter Egg Hunt



Cheeseburger w/Lettuce & Tomato-Baked Beans-Pineapple

29 Friday



Closed

MARCH

KINGS MOUNTAIN ACTIVITY HIGHLIGHTS



Neisler Center
by the Neisler Foundation
222 Kings Mountain Blvd.
Kings Mountain, NC 28086
704-739-4858



"To the world you may be one person,
but to one person you may be the
world." -Dr. Seuss

Dr. Seuss Week!
March 4th -8th



1 Friday

- ◆ Making Thank You Cards For LEC Staff
- ◆ Staff Appreciation Parade

Spa Day

Fish Sandwich-Macaroni & Cheese-
Broccoli-Fruit Cocktail

4 Monday

Dr. Seuss Week

- ◆ Mismatched Monday:
Wear Your Mismatched Socks

Health Fair

Chicken Tenders-Potatoes-Green Beans-
Roll-Pears

5 Tuesday

Top Hat Tuesday

- ◆ Wear Your Favorite Hat
- ◆ "Hat" Charades
- ◆ Famous Hats In History

Pulled Pork Sliders-Coleslaw-Baked Fries-
Mandarin Oranges

6 Wednesday

Wacky Wednesday

- ◆ Wear Your Favorite Outfit
Inside Out Or Backwards
- ◆ "Backwards" Word Games
- ◆ Wacky Wardrobe

Lasagna-Garden Salad-Bread Stick-
Peaches

7 Thursday

Theodor Thursday

- ◆ Dress As Your Favorite
Dr. Seuss Character
- ◆ Book Character Parade

Grilled Cheese-Tomato Soup-
Pineapple

8 Friday

Funny Food Friday

- ◆ Wear Your Green
- ◆ "Green Eggs & Ham"
Trivia



Pot Roast-Potatoes-Peas-
Roll-Applesauce

11 Monday

- ◆ Hoop It Up Day
- ◆ History Of The Hula-Hoop
- ◆ Hula-Hoop Contest



Chicken Pot Pie-Garden Salad-
Roll-Mixed Fruit

12 Tuesday

- ◆ Creative Cake Mix Day:
Let's Make Some Cake
- ◆ Paper Plate Exercise
- ◆ Musical Scavenger Hunt

Health Fair

Hamburger Steak w/Gravy-Potatoes-
Carrots-Mandarin Oranges

13 Wednesday

- ◆ Junk Drawer Detective
- ◆ Drum Circle Exercise
- ◆ Family Feud



White Beans w/Ham-Cornbread-
Applesauce

14 Thursday

- ◆ Piano Favorites With
JacQuilin Hatley
- ◆ "Hoops" Bingo
- ◆ "Hot Shot"
Basketball Game
- ◆ March Madness Trivia

Turkey Sub w/Lettuce & Tomato-
Baked Chips-Peaches

15 Friday

- ◆ St. Patrick's Day Celebration
- ◆ Wear Your Green
- ◆ Making March Magic
Slushies
- ◆ Four Leaf Clover Hunt

Comed Beef-Cabbage-Potatoes-
Fruit Cocktail

18 Monday

- ◆ Magazine Collages
- ◆ LEC Cornhole
- ◆ Activities Closet
'Spring Cleaning'



Cheeseburger Macaroni-Caesar Salad-
Roll-Pineapple

19 Tuesday

- ◆ "Scrabble" Word Games
- ◆ "Hole In One" Putt-Putt
- ◆ Tai Chi



Baked Chicken-Potatoes-Broccoli-
Roll-Peaches

20 Wednesday

- ◆ Reminiscing Time:
Favorite Childhood Games
- ◆ LEC Relay Races
- ◆ Participant Council Meeting

Health Fair

Sloppy Joes-Tater Tots-Coleslaw-
Pears

21 Thursday

- ◆ "Guess The Picture"
- ◆ Indoor Seated Soccer
- ◆ Ladies Tea Party
- ◆ Men's Coffee Social



Roasted Turkey-Mashed Potatoes w/Gravy-
Green Beans-Roll-Mixed Fruit

22 Friday

- ◆ Casino Day
- ◆ Bingo, Blackjack, Roulette,
& Poker
- ◆ All About The Two Kings
Casino



Vegetable Beef Soup-Garden Salad-Bread Stick-
Mandarin Oranges

25 Monday

- ◆ "Would You Rather?"
Game Time



Spa Day

Chicken Sandwich w/Lettuce & Tomato-
Baked Fries-Applesauce

26 Tuesday

- ◆ Spring Fling Party
- ◆ Pie Smashing Contest
- ◆ Parachute Fun



Baked Ham-Black Eyed Peas-Spinach-
Roll-Fruit Cocktail

27 Wednesday

- ◆ Board Game Wednesday
- ◆ History Of
Parker Brothers



Chicken w/Gravy Over Noodles-
Green Beans-Roll-Peaches

28 Thursday

- ◆ Baseball Opening Day
- ◆ Indoor Baseball Game
- ◆ "Spin To Win"
Baseball Game

Health Fair

Cheeseburger w/Lettuce & Tomato-
Baked Beans-Pineapple

29 Friday



Closed

In Memory:

*The following have been remembered with a gift to
Life Enrichment Center:*

Richard Ivester
by

Mary H. Ivester

J.D. & Classec Wyatt
by

Nancy Biggers

Maude Norris
by

Judy D. Scism
Wayne King & Nikki
Massey & Noah King
Robert & Sue Jean Dodge



Volunteer Zach shares his love of community theatre with participant Matthew.



Participants were thrilled to take a tour of the Don Gibson Theatre courtesy of Stan Lowery.

LET'S PARTY!



Birthdays are a time to celebrate! Each month, LEC plans a birthday party to celebrate those who have birthdays. If you would like to host the LEC Monthly Birthday Party, call the center of your choice today!



Thank you to the members of Mt. Sinai Baptist Church for hosting the February birthday party for participants of LEC, Shelby.

Looking for an opportunity to help others? Please Give!

Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

By becoming a:

- Friend \$25-\$100
- Supporter \$101-\$500
- Sponsor \$501-\$1,000
- Patron \$1,001-\$2,500
- Benefactor \$2,501-\$4,999
- Major Benefactor \$5,000 +

Make checks payable to:

*Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, NC 28150*

Name _____

Address _____

City _____ State _____ Zip _____

In memory of _____

In honor of _____

Send a notice to: _____

Address _____

City _____ State _____ Zip _____

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



Card No. _____ Expiration Date _____

Amount _____ Signature _____

Security Code _____

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Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, North Carolina 28150

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Important Announcements:

Closings due to bad weather will be made through the "**One Call Now**" service, our Facebook page, and on WBTV television. Should it be necessary to close early, caregivers will be notified by telephone.

Christine Jackson- Valentine Goodies

Kenton Schleimer- Valentine Candy

Reta Phifer- Greeting Cards

Harold Davis- Valentine Goodies

KMSHS SPO Club- Poster/Card

Charlene Washburn- Personal Care Items

Beverly Dixon- Personal Care Items



*Participant
Charlene*



Participant Crystal says Happy Easter!



Friendly Reminder!

Life Enrichment Center will be **CLOSED** Friday,
March 29, in observance of Good Friday.
We hope you have a wonderful Easter Holiday!