

Life Enrichment Center

Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

www.LifeEnrichmentCenter.org

May 2022

Need A Gift For Mom?



Participant Dot and her three daughters. (Left to right) Patti, Dot, Sandy, & Jane.

"It means so much to our family that Mom has a place to go when we cannot be with her that is both safe and fun." -Daughter & Caregiver Jane Szyborski

Try Adult Day Care Today!

For 41 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community. Life Enrichment Center is designated a national model among adult day cares across the country.

Exciting News!!

We are very excited to open our doors once again to volunteers! Meaningful programs are what make Life Enrichment special. If you would like to share your talent, stories, travels, or just your time, we would love to have you visit! Thank you for making a difference in the lives of the LEC participants!



Former Participant Charles was amazed at the size of a John Deere tractor used by Carson & Son Grading.

The ladies of LEC enjoy makeovers with a visit from Vibe Hair Lounge.



Music with Tom Wood & friends!



A visit from Bird's Eye Balloon Rides.



Participants enjoyed delicious funnel cakes made by Boogie Woogie Funnel Cakes.

The Foothills Choir shares their favorite selections with LEC participants.



Life Enrichment Center
 110 Life Enrichment Blvd.
 Shelby, NC 28150
 704.484.0405



MAY

Shelby Activity Highlights

<p>2 Monday 🌱</p> <ul style="list-style-type: none"> Herbal Sachets With Debra Edwards Painting Clown Faces LEC Sunglasses Fashion Show Making Mother's Day Earrings <p><i>Meatloaf-Macaroni & Cheese-Lima Beans-Roll-Pineapple</i></p>	<p>3 Tuesday 🌱</p> <ul style="list-style-type: none"> Remembering James Brown Crazy Sock Day Making Homemade Dog Treats  <p><i>Baked Ham-Potato Salad-Baked Beans-Roll-Peaches</i></p>	<p>4 Wednesday</p> <ul style="list-style-type: none"> Star Wars Trivia A Visit From The Shelby Fire Department Making Fresh Orange Juice <p><i>Chicken Tenders-Baked Fries-Coleslaw-Applesauce-Wheat Roll</i></p>	<p>5 Thursday 🎵</p> <ul style="list-style-type: none"> Cinco de Mayo! Making Homemade Guacamole LEC Dance Party! <p><i>Cheese Ravioli w/ Meat Sauce-Garden Salad-Breadstick-Oranges</i></p>	<p>6 Friday 🌱</p> <ul style="list-style-type: none"> Celebrating Our Nurses Nurse Appreciation Day Facts About Nursing Making Mother's Day Cards With Cedar Side Participants <p><i>Lisa's Chef Salad-Garlic Toast-Pears</i></p>
<p>9 Monday</p> <ul style="list-style-type: none"> Online Class: Ladies Etiquette Trivia: "Whatever Happened To...?" Piano Favorites Online "Spring Time" Door Decorating  <p><i>Chicken Salad Sandwich-Tomato Slices-Baked Fries-Peaches</i></p>	<p>10 Tuesday</p> <ul style="list-style-type: none"> Music With Charlie Cabiness Tom Wood & Friends Percussions Corner With Omar Porter  <p><i>Pork Tenderloin-Sweet Potato Casserole-Green Beans-Mixed Fruit</i></p>	<p>11 Wednesday 🎵</p> <ul style="list-style-type: none"> Blessed Coverings With Jocelyn Sinkler & Friends <p>Health Fair</p> <p><i>Pinto Beans-Brussel Sprouts-Combread-Mandarin Oranges</i></p>	<p>12 Thursday 🌱</p> <ul style="list-style-type: none"> Bingo Fun Live Footage Of The Royal Horse Show Junk Drawer Detectives  <p><i>Baked Chicken-Vegetable Pasta-Garlic Toast-Pineapple</i></p>	<p>13 Friday</p> <ul style="list-style-type: none"> Banjo With Debbie Vaughan How To Make Homemade Hummus "Name That Smell"  <p><i>Fish Sandwich-Green Beans-Macaroni & Cheese-Fruit Cocktail</i></p>
<p>16 Monday 🌱</p> <ul style="list-style-type: none"> Flying Kites Participant Council Meeting LEC Monthly Birthday Party With The Extension Club Of Cleveland County <p><i>Beef Nacho Casserole-Refried Beans-Pears</i></p>	<p>17 Tuesday 🌱</p> <ul style="list-style-type: none"> LEC Lip Sync Contest Making Homemade Strawberry Milkshakes  <p><i>Grilled Cheese Sandwich-Tomato Basil Soup-Applesauce</i></p>	<p>18 Wednesday</p> <ul style="list-style-type: none"> Men's Popcorn Social Shelby Police Department K-9 Unit Visits  <p><i>Pot Roast-Carrots & Potatoes-Roll-Peaches</i></p>	<p>19 Thursday 🎵</p> <ul style="list-style-type: none"> Making Ice Cream Sundaes Arts & Crafts: Picture Postcards LEC Paint & Sip <p><i>Lasagna-Caesar Salad-Garlic Toast-Mixed Fruit</i></p>	<p>20 Friday 🌱</p> <ul style="list-style-type: none"> A Visit From The Foothills Choir Endangered Species Facts LEC Cornhole <p><i>Ham & Provolone Sandwich-Baked Fries-Cottage Cheese-Pineapple</i></p>
<p>23 Monday</p> <ul style="list-style-type: none"> History Of The Flower Moon Recognizing Our Armed Forces Outdoor Scavenger Hunt <p><i>BBQ Chicken-Potato Salad-Green Beans-Roll-Mandarin Oranges</i></p>	<p>24 Tuesday</p> <ul style="list-style-type: none"> Jim McCurry & Friends  <p>Health Fair</p> <p><i>Baked Salmon-Caesar Salad-Bread Stick-Pears</i></p>	<p>25 Wednesday 🎵</p> <ul style="list-style-type: none"> Cooking With Chad Roseboro Virtual Tap Dance Show All About Star Wars  <p><i>Chili Beans-Coleslaw-Combread-Fruit Cocktail</i></p>	<p>26 Thursday 🌱</p> <ul style="list-style-type: none"> Making Paper Air Planes How To Make Blueberry Cheesecake With Matthew Bull  <p><i>Smoked Sausage w/Peppers & Onions-Boiled Potatoes-Applesauce</i></p>	<p>27 Friday</p> <ul style="list-style-type: none"> Who Is Your Favorite Disney Character? All About The Golden State Bridge  <p><i>Chicken Pot Pie-Garden Salad-Wheat Roll-Peaches</i></p>
<p>30 Monday</p> <p>★ ★ ★ ★ ★ IN HONOR OF Memorial Day ★ ★ ★ ★ ★ WE WILL BE CLOSED</p>	<p>31 Tuesday 🌱</p> <ul style="list-style-type: none"> Good Morning "Car Wash" "Can You Name That Food?" Blind Taste Test  <p><i>Hamburger Steak w/Gravy-Broccoli & Cauliflower-Roll-Mandarin Oranges</i></p>	  <p>Participant Elsie plants flowers.</p>		



Neisler Center
 by the Neisler Foundation
 222 Kings Mountain Blvd.
 Kings Mountain, NC 28086
 704-739-4858

KINGS MOUNTAIN ACTIVITY HIGHLIGHTS

<p><i>2 Monday</i></p> <ul style="list-style-type: none"> ♦ "Adopt-A-Dog" Detective ♦ Health Fair ♦ Paper Plate Exercise ♦ Pet Therapy With "Jax" And Aleiyah Yarbro <p><i>Meatloaf-Macaroni & Cheese-Lima Beans-Roll-Pineapple</i></p>	<p><i>3 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Marti Trogdon Talks About TNG Magazine ♦ Spring Reflections Exercise ♦ Making Mini Banners For Mother's Day <p><i>Baked Ham-Potato Salad-Baked Beans-Roll-Peaches</i></p>	<p><i>4 Wednesday</i></p> <ul style="list-style-type: none"> ♦ Singing With George Allen ♦ Scarf Exercise ♦ Herbal Sachets With Debra Edwards <p><i>Chicken Tenders-Baked Fries-Coleslaw-Applesauce-Wheat Roll</i></p>	<p><i>5 Thursday</i></p> <ul style="list-style-type: none"> ♦ Planting Herbs ♦ Manicures With Adriana Ruff ♦ Painting By Number <p>Spa Day</p> <p><i>Cheese Ravioli w/ Meat Sauce-Garden Salad-Breadstick-Oranges</i></p>	<p><i>6 Friday</i></p> <ul style="list-style-type: none"> ♦ Writing Mother's Day Poems ♦ Health Fair ♦ Indoor Volley Ball ♦ Songs About Mothers <p><i>Lisa's Chef Salad-Garlic Toast-Pears</i></p>
<p><i>9 Monday</i></p> <ul style="list-style-type: none"> ♦ Reading Tree Rings ♦ Hula-Hoop Exercise ♦ How To Make Cinnamon Apple Crumble <p><i>Chicken Salad Sandwich-Tomato Slices-Baked Fries-Peaches</i></p>	<p><i>10 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Flower Art ♦ Health Fair ♦ Indoor Kickball ♦ "Where Would You Like To Go?" -Geography Lesson <p><i>Pork Tenderloin-Sweet Potato Casserole-Green Beans-Mixed Fruit</i></p>	<p><i>11 Wednesday</i></p> <ul style="list-style-type: none"> ♦ Activity Connections Video: "Well Spoken" ♦ Tai Chi ♦ Button Art <p>Spa Day</p> <p><i>Pinto Beans-Brussel Sprouts-Cornbread-Mandarin Oranges</i></p>	<p><i>12 Thursday</i></p> <ul style="list-style-type: none"> ♦ Songs With Debbie Vaughan ♦ "Around The World" Exercise ♦ Swing & Sing Music Time <p><i>Baked Chicken-Vegetable Pasta-Garlic Toast-Pineapple</i></p>	<p><i>13 Friday</i></p> <ul style="list-style-type: none"> ♦ "Murder Mystery" With Drannan Hollifield ♦ Bluegrass Music With Mr. McKey & Friends ♦ LEC Cornhole ♦ Building A "Tower" Garden <p><i>Fish Sandwich-Green Beans-Macaroni & Cheese-Fruit Cocktail</i></p>
<p><i>16 Monday</i></p> <ul style="list-style-type: none"> ♦ LEC Wheel Of Fortune ♦ Bowling Tournament ♦ Piano Favorites With Adam Satterfield <p><i>Beef Nacho Casserole-Refried Beans-Pears</i></p>	<p><i>17 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Let's Walk Down Memory Lane ♦ Chair Yoga ♦ Ladies Group Flower Arranging ♦ Men's Group: Tool Talk <p><i>Grilled Cheese Sandwich-Tomato Basil Soup-Applesauce</i></p>	<p><i>18 Wednesday</i></p> <ul style="list-style-type: none"> ♦ Facepainting Fun With Tonya Faulkner ♦ Honey Hunters Baseball Team Meet & Greet <p><i>Pot Roast-Carrots & Potatoes-Roll-Peaches</i></p>	<p><i>19 Thursday</i></p> <ul style="list-style-type: none"> ♦ Making Sun Catchers ♦ Chair Zumba ♦ Tea Party With Angie Cox <p><i>Lasagna-Caesar Salad-Garlic Toast-Mixed Fruit</i></p>	<p><i>20 Friday</i></p> <ul style="list-style-type: none"> ♦ LEC Price Is Right ♦ Indoor Seated Soccer ♦ Paper Plate Exercise ♦ "Where In The World?" -Island Edition <p><i>Ham & Provolone Sandwich-Baked Fries-Cottage Cheese-Pineapple</i></p>
<p><i>23 Monday</i></p> <ul style="list-style-type: none"> ♦ Creative Writing: Stories Of The Past ♦ Paper Plate Exercise ♦ Garden Photo Contest <p><i>BBQ Chicken-Potato Salad-Green Beans-Roll-Mandarin Oranges</i></p>	<p><i>24 Tuesday</i></p> <ul style="list-style-type: none"> ♦ A Visit From The Golden Chorus ♦ Dance Party Exercise ♦ Garden Photo Judging <p><i>Chicken Tenders-Caesar Salad-Bread Stick-Pears</i></p>	<p><i>25 Wednesday</i></p> <ul style="list-style-type: none"> ♦ Name That Instrument ♦ "Hot Shot" Exercise ♦ "Riddle Me This" Great Outdoors Edition <p><i>Chili Beans-Coleslaw-Cornbread-Fruit Cocktail</i></p>	<p><i>26 Thursday</i></p> <ul style="list-style-type: none"> ♦ Decorating For Memorial Day ♦ Crafts With Charlotte Broad & Rebecca Snyder ♦ Sights & Sounds Of Nashville Tennessee <p><i>Smoked Sausage w/Peppers & Onions-Boiled Potatoes-Applesauce</i></p>	<p><i>27 Friday</i></p> <p>THE AWESOME 800s PRISM</p> <p><i>Chicken Pot Pie-Garden Salad-Wheat Roll-Peaches</i></p>
<p><i>30 Monday</i></p> <p>WE WILL BE CLOSED FOR MEMORIAL DAY</p>	<p><i>31 Tuesday</i></p> <ul style="list-style-type: none"> ♦ Let's Travel To Brazil ♦ Sittersize ♦ Musical Scattergories <p></p> <p><i>Hamburger Steak w/Gravy-Broccoli & Cauliflower-Roll-Mandarin Oranges</i></p>	<p>Spring</p>	<p><i>Participant Rashawn arranges flowers.</i></p>	

In Memory...

*The following have been remembered with a gift to
Life Enrichment Center:*

Louise McKinney

by

Rev. Dr. Michael D. & Deborah G. Page

Friends:

*The following has given a gift to
Life Enrichment Center:*

Rufus Friday

Thank You

Chavis Gash & Students of Graham Elementary- Civil
Rights Trail Marker Artwork
Gay Jolley-Books & Magazines
Flint Hill Baptist Church-Easter Treats
Wayne & Drissia Wright-Coloring Books & Magazines
Mary Lally & Family-Easter Treats



(Left to right) Participant Odessa shows off her painted eggs. Participant Mary enjoys the sunshine during the LEC Easter Egg Hunt.

EASTER AT LEC!

Below, participants of the Neisler Center compete to find the most eggs at the annual LEC Easter Egg Hunt!

Richard



Wayne



Tommy



Your Gift Will Help Families Stay Together... Please Give.

Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

By becoming a:

- Friend \$25-\$100
- Supporter \$101-\$500
- Sponsor \$501-\$1,000
- Patron \$1,001-\$2,500
- Benefactor \$2,501-\$4,999
- Major Benefactor \$5,000 +

Make checks payable to:

*Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, NC 28150*

Name _____

Address _____

City _____ State _____ Zip _____

In memory of _____

In honor of _____

Send a notice to: _____

Address _____

City _____ State _____ Zip _____

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



Card No. _____ Expiration Date _____

Amount _____ Signature _____

Security Code _____

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Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, North Carolina 28150

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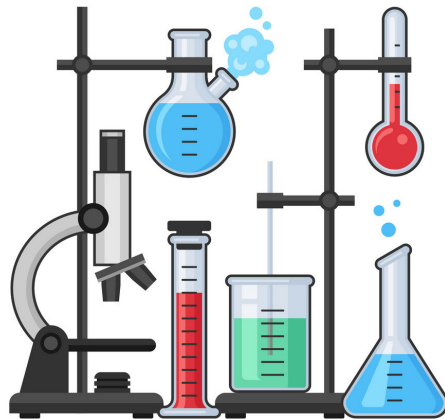


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Important Announcements:

Important announcements will be made on LEC's Facebook page, and through the "One Call Now" service. Should it be necessary to close early, caregivers will be notified by telephone.



Learning is always fun at LEC! Participants enjoyed learning about the importance of science in today's society. They even crafted their very own volcano.

